

Pos	Bib	Forename	Surname	Sex	Cat	Club	Finish	MPM	First Half	MPM	Second Half	MPM	Chiptime
1	1	Joe	McAllister	Male	Open	St Malachy's	00:30:06	00:04:51	00:14:50	00:04:47	00:15:16	00:04:55	00:30:06
2	8	Dave	Morwood	Male	35+	Annadale Striders	00:31:23	00:05:04	00:15:20	00:04:57	00:16:03	00:05:11	00:31:23
3	2	Brian	Campbell	Male	Open	Willowfield	00:31:27	00:05:04	00:15:19	00:04:56	00:16:08	00:05:12	00:31:26
4	3	Paul	Rowan	Male	40+	Willowfield	00:31:41	00:05:07	00:15:34	00:05:01	00:16:07	00:05:12	00:31:41
5	7	James	O'Hare	Male	Open	East Down AC	00:32:59	00:05:19	00:15:14	00:04:55	00:17:45	00:05:44	00:33:00
6	305	Francis	Marsh	Male	40+	North Down A.C.	00:34:20	00:05:32	00:16:45	00:05:24	00:17:35	00:05:40	00:34:20
7	680	Seaton	Simon	M	Open	North Down A.C.	00:34:32	00:05:34	00:17:09	00:05:32	00:17:23	00:05:36	00:34:32
8	616	McKeown	Ciaran	M	Open	St Malachy	00:34:42	00:05:36	00:16:44	00:05:24	00:17:58	00:05:48	00:34:42
9	340	Stephen	Harkens	Male	40+	Larne Athletic Club	00:34:44	00:05:36	00:17:10	00:05:32	00:17:34	00:05:40	00:34:44
10	676	Pollock	Paul	M	Open	Abbey AC	00:35:02	00:05:39	00:16:58	00:05:28	00:18:04	00:05:50	00:35:02
11	697	Carroll	Paul	M	40+	Annadale Striders	00:35:11	00:05:40	00:17:09	00:05:32	00:18:02	00:05:49	00:35:11
12	252	Niall	Robinson	Male	open	North Down A.C.	00:35:12	00:05:41	00:17:12	00:05:33	00:18:00	00:05:48	00:35:11
13	573	Barbour	Pete	Male	35+		00:35:17	00:05:41	00:17:11	00:05:33	00:18:06	00:05:50	00:35:17
14	721	Cooke	Edward	M	Open	Abbey AC	00:35:18	00:05:42	00:17:10	00:05:32	00:18:08	00:05:51	00:35:18
15	236	Brian	McKee	Male	40+	Dromore AC	00:35:26	00:05:43	00:17:10	00:05:32	00:18:16	00:05:54	00:35:26
16	435	Kamil	Zajcek	Male	open	SC Marathon Plzen	00:35:39	00:05:45	00:17:02	00:05:30	00:18:37	00:06:00	00:35:40
17	247	Malachy	McAteer	Male	40+	North East Runners	00:36:00	00:05:48	00:17:31	00:05:39	00:18:29	00:05:58	00:35:59
18	617	McGowan	Aidan	M	Open	St Malachy	00:36:13	00:05:50	00:17:19	00:05:35	00:18:54	00:06:06	00:36:13
19	361	Mark	Weir	Male	35+	North Down A.C.	00:36:16	00:05:51	00:17:45	00:05:44	00:18:31	00:05:58	00:36:16
20	313	Gladys	Ganiel O'Neill	Female	Open	Abbey AC	00:36:17	00:05:51	00:17:59	00:05:48	00:18:18	00:05:54	00:36:17
21	220	Liam	McDonagh	Male	Open	Glens Runners	00:36:22	00:05:52	00:17:48	00:05:45	00:18:34	00:05:59	00:36:21
22	526	Matthew	Wilson	Male	open	Willowfield Harriers	00:36:24	00:05:52	00:17:48	00:05:45	00:18:36	00:06:00	00:36:23
23	384	Martin	Willcox	Male	35+		00:36:30	00:05:53	00:17:31	00:05:39	00:18:59	00:06:07	00:36:28
24	390	Nigel	Kirk	Male	open	Larne Athletic Club	00:36:32	00:05:54	00:17:45	00:05:44	00:18:47	00:06:04	00:36:31
25	255	Liam	Venney	Male	open		00:36:34	00:05:54	00:18:02	00:05:49	00:18:32	00:05:59	00:36:28
26	6	Pauline	Curley	Female	40+	Tullamore Harriers	00:36:36	00:05:54	00:17:59	00:05:48	00:18:37	00:06:00	00:36:36
27	668	Barron	Brian	M	Open	Willowfield	00:36:41	00:05:55	00:17:41	00:05:42	00:19:00	00:06:08	00:36:40
28	690	Murphy	Brendan	M	Open	City of Derry Spartans	00:36:45	00:05:56	00:18:06	00:05:50	00:18:39	00:06:01	00:36:45
29	245	Andrew	Hicks	Male	open	Burren AC	00:36:52	00:05:57	00:18:03	00:05:49	00:18:49	00:06:04	00:36:50
30	607	Holt	Ryan	M	Open	Willowfield	00:36:56	00:05:57	00:18:04	00:05:50	00:18:52	00:06:05	00:36:55
31	715	Bird	Sharon	F	Open	North Belfast	00:37:09	00:06:00	00:18:15	00:05:53	00:18:54	00:06:06	00:37:08
32	551	Noel	Connor	Male	45+	Ballymena Runners	00:37:14	00:06:00	00:18:13	00:05:53	00:19:01	00:06:08	00:37:12
33	518	David	Allen	Male	45+	Albertville Harriers	00:37:21	00:06:01	00:18:11	00:05:52	00:19:10	00:06:11	00:37:20
34	597	Linden	Patrick	M	Open	Willowfield	00:37:24	00:06:02	00:18:04	00:05:50	00:19:20	00:06:14	00:37:23
35	804	Barrett	Ian	M	35+		00:37:29	00:06:03	00:18:00	00:05:48	00:19:29	00:06:17	00:37:28
36	407	William James	Thompson	Male	45+	Larne Athletic Club	00:37:39	00:06:04	00:18:25	00:05:56	00:19:14	00:06:12	00:37:38

Pos	Bib	Forename	Surname	Sex	Cat	Club	Finish	MPM	First Half	MPM	Second Half	MPM	Chiptime
37	547	Aaron	Bell	Male	open		00:37:41	00:06:05	00:18:19	00:05:55	00:19:22	00:06:15	00:37:39
38	114	Jim	Newberry	Male	55+	North Belfast Harr	00:37:42	00:06:05	00:18:14	00:05:53	00:19:28	00:06:17	00:37:41
39	628	Porte	Crawford	M	40+		00:37:42	00:06:05	00:18:02	00:05:49	00:19:40	00:06:21	00:37:41
40	429	David	O'Brien	Male	45+	Sperrin Harriers	00:37:44	00:06:05	00:18:13	00:05:53	00:19:31	00:06:18	00:37:42
41	575	Curran	Ray	Male	55+		00:37:47	00:06:06	00:18:27	00:05:57	00:19:20	00:06:14	00:37:46
42	471	Stephen	Beggs	Male	Open	East Antrim Harriers	00:37:48	00:06:06	00:18:26	00:05:57	00:19:22	00:06:15	00:37:46
43	652	McNally	Noel	M	Open		00:37:50	00:06:06	00:18:49	00:06:04	00:19:01	00:06:08	00:37:46
44	516	Liam	Keenan	Male	45+	East Down AC	00:37:54	00:06:07	00:18:35	00:06:00	00:19:19	00:06:14	00:37:53
45	387	Stephen	Kennedy	Male	40+	Larne Athletic Club	00:37:57	00:06:07	00:18:26	00:05:57	00:19:31	00:06:18	00:37:55
46	477	Paul	McIlwaine	Male	35+		00:38:23	00:06:11	00:18:16	00:05:54	00:20:07	00:06:29	00:38:20
47	641	Arkensparr	Nicklas	M	open	North Down A.C.	00:38:24	00:06:12	00:18:06	00:05:50	00:20:18	00:06:33	00:38:23
48	102	Julie	Balmer	Female	open	North Down	00:38:27	00:06:12	00:18:52	00:06:05	00:19:35	00:06:19	00:38:25
49	584	Bell	Eddie	M	45+		00:38:33	00:06:13	00:18:31	00:05:58	00:20:02	00:06:28	00:38:31
50	605	McMillan	Marty	M	50+	East Antrim Harriers	00:38:34	00:06:13	00:18:42	00:06:02	00:19:52	00:06:25	00:38:32
51	706	McMullan	Conor	M	35+		00:38:51	00:06:16	00:18:56	00:06:06	00:19:55	00:06:25	00:38:49
52	97	Paul	Anderson	Male	40+	Banbridge A.C.	00:38:56	00:06:17	00:18:57	00:06:07	00:19:59	00:06:27	00:38:51
53	412	Michel	Le Velly	Male	40+	Annadale Striders	00:39:03	00:06:18	00:18:33	00:05:59	00:20:30	00:06:37	00:39:03
54	464	Robert	Wilson	Male	50+	Willowfield Harriers	00:39:03	00:06:18	00:18:55	00:06:06	00:20:08	00:06:30	00:39:03
55	656	Elliott	Michael	M	40+	Dub Runners	00:39:09	00:06:19	00:18:56	00:06:06	00:20:13	00:06:31	00:39:05
56	644	Milliken	Matthew	M	open	Willowfield	00:39:24	00:06:21	00:18:40	00:06:01	00:20:44	00:06:41	00:39:24
57	51	Douglas	Grant	Male	40+	North Down A.C.	00:39:26	00:06:22	00:19:08	00:06:10	00:20:18	00:06:33	00:39:24
58	382	Neil	Ramsey	Male	open	Ballymena Runners	00:39:26	00:06:22	00:18:48	00:06:04	00:20:38	00:06:39	00:39:24
59	633	McClure	Greg	M	50+	North Belfast Harriers	00:39:27	00:06:22	00:19:27	00:06:16	00:20:00	00:06:27	00:39:24
60	200	Richard	Coey	Male	35+		00:39:29	00:06:22	00:19:08	00:06:10	00:20:21	00:06:34	00:39:27
61	437	Michael	Paton	Male	40+		00:39:29	00:06:22	00:19:24	00:06:15	00:20:05	00:06:29	00:39:25
62	341	Rodney	Livingstone	Male	40+	Ballymena Runners	00:39:30	00:06:22	00:19:08	00:06:10	00:20:22	00:06:34	00:39:28
63	562	Sean	Cullen	Male	35+		00:39:33	00:06:23	00:19:33	00:06:18	00:20:00	00:06:27	00:39:26
64	647	Knox	Drew	M	45+	East Antrim Harriers	00:39:33	00:06:23	00:18:54	00:06:06	00:20:39	00:06:40	00:39:31
65	566	Gerard	McNamara	Male	35+		00:39:42	00:06:24	00:19:31	00:06:18	00:20:11	00:06:31	00:39:39
66	643	Magill	Ruth	F	50+	Lagan Valley	00:39:45	00:06:25	00:19:20	00:06:14	00:20:25	00:06:35	00:39:44
67	635	Branagh	Geraldine	F	45+	Dromore AC	00:39:48	00:06:25	00:19:01	00:06:08	00:20:47	00:06:42	00:39:47
68	739	McQuillan	Eoin	M	open	North Belfast Harriers	00:39:55	00:06:26	00:19:45	00:06:22	00:20:10	00:06:30	00:39:44
69	657	Bailie	Iain	M	40+		00:40:01	00:06:27	00:19:26	00:06:16	00:20:35	00:06:38	00:39:52
70	364	Johnny	Wilson	Male	Open	Springwell Running Club	00:40:02	00:06:27	00:19:26	00:06:16	00:20:36	00:06:39	00:40:00
71	232	Emma	Sokell	Female	35+		00:40:07	00:06:28	00:19:10	00:06:11	00:20:57	00:06:45	00:40:05
72	501	John	Culbert	Male	50+		00:40:11	00:06:29	00:19:54	00:06:25	00:20:17	00:06:33	00:40:03

Pos	Bib	Forename	Surname	Sex	Cat	Club	Finish	MPM	First Half	MPM	Second Half	MPM	Chiptime
73	561	S	Purdie	Male	50+	North Down A.C.	00:40:11	00:06:29	00:19:22	00:06:15	00:20:49	00:06:43	00:40:09
74	438	Sean	McIntyre	Male	45+	NICSAC	00:40:15	00:06:30	00:19:22	00:06:15	00:20:53	00:06:44	00:40:13
75	392	Brian	Heron	Male	35+	Duncairn Nomads	00:40:20	00:06:30	00:19:05	00:06:09	00:21:15	00:06:51	00:40:19
76	752	Robson	Keith	M	Open		00:40:23	00:06:31	00:19:29	00:06:17	00:20:54	00:06:45	00:40:23
77	640	McNeill	Stephen	M	35+	Seapark AC	00:40:26	00:06:31	00:19:47	00:06:23	00:20:39	00:06:40	00:40:16
78	609	Lynn	Robert	M	Open		00:40:32	00:06:32	00:19:37	00:06:20	00:20:55	00:06:45	00:40:28
79	624	Daye	Adrian	M	35+	Derryboye Harriers	00:40:45	00:06:34	00:19:25	00:06:16	00:21:20	00:06:53	00:40:45
80	310	Laurence	Johnston	Male	50+		00:40:47	00:06:35	00:19:45	00:06:22	00:21:02	00:06:47	00:40:43
81	554	Jim	McKeown	Male	40+	Abbey AC	00:40:53	00:06:36	00:19:18	00:06:14	00:21:35	00:06:58	00:40:53
82	678	Stitt	Gary	M	Open	Ballymena & Antrim	00:40:53	00:06:36	00:19:28	00:06:17	00:21:25	00:06:55	00:40:50
83	445	Ian	Wright	Male	35+		00:41:00	00:06:37	00:19:53	00:06:25	00:21:07	00:06:49	00:40:58
84	763	Dolan	Matthew	M	Open		00:41:01	00:06:37	00:19:44	00:06:22	00:21:17	00:06:52	00:40:58
85	266	Seamus	Linden	Male	40+	Lunchtime Legends	00:41:02	00:06:37	00:20:19	00:06:33	00:20:43	00:06:41	00:40:51
86	602	Gilbert	Chris	M	open	Larne Athletic Club	00:41:04	00:06:37	00:20:47	00:06:42	00:20:17	00:06:33	00:40:40
87	767	Irvine	Roger	M	Open		00:41:05	00:06:38	00:19:55	00:06:25	00:21:10	00:06:50	00:41:03
88	708	Davison	Bob	M	Open	Tri Limits	00:41:06	00:06:38	00:19:57	00:06:26	00:21:09	00:06:49	00:41:00
89	528	Bobbie	Irvine	Male	45+	Seapark AC	00:41:08	00:06:38	00:20:18	00:06:33	00:20:50	00:06:43	00:40:59
90	519	Irwin	Speirs	Male	60+	Sperrin Harriers	00:41:13	00:06:39	00:19:53	00:06:25	00:21:20	00:06:53	00:41:12
91	345	Roy	Bill	Male	45+		00:41:28	00:06:41	00:20:06	00:06:29	00:21:22	00:06:54	00:41:25
92	270	Graeme	Bennett	Male	Open		00:41:30	00:06:42	00:19:58	00:06:26	00:21:32	00:06:57	00:41:25
93	417	David	Lambon	Male	40+		00:41:34	00:06:42	00:20:04	00:06:28	00:21:30	00:06:56	00:41:32
94	620	Davidson	Rodney	M	35+	Sperrin Harriers	00:41:41	00:06:43	00:19:52	00:06:25	00:21:49	00:07:02	00:41:39
95	385	Matthew	Russell	Male	open		00:41:46	00:06:44	00:20:51	00:06:44	00:20:55	00:06:45	00:41:41
96	116	Ali	Robinson	Female	open	North Down A.C.	00:41:51	00:06:45	00:20:18	00:06:33	00:21:33	00:06:57	00:41:47
97	139	Steven	Dawson	Male	Open		00:41:54	00:06:45	00:20:44	00:06:41	00:21:10	00:06:50	00:41:52
98	583	McCourt	Fionnuala	F	40+		00:42:02	00:06:47	00:20:16	00:06:32	00:21:46	00:07:01	00:42:01
99	106	Jonathan	Irvine	Male	40+		00:42:04	00:06:47	00:21:04	00:06:48	00:21:00	00:06:46	11:43:58
100	595	Smyth	Norman	M	40+	Banbridge AC	00:42:04	00:06:47	00:20:01	00:06:27	00:22:03	00:07:07	00:41:59
101	393	Seamus	McCaffery	Male	50+	Newry City Runners	00:42:10	00:06:48	00:20:46	00:06:42	00:21:24	00:06:54	11:44:04
102	702	Hambling	Stephanie	F	40+	North Down A.C.	00:42:17	00:06:49	00:20:18	00:06:33	00:21:59	00:07:05	00:42:12
103	368	John	Lyster	Male	40+	Annadale Striders	00:42:18	00:06:49	00:20:29	00:06:36	00:21:49	00:07:02	00:42:15
104	244	Liam	McDonagh	Male	50+		00:42:20	00:06:50	00:20:22	00:06:34	00:21:58	00:07:05	00:42:18
105	262	Kristoffer	Fegan	Male	open	East Down AC	00:42:21	00:06:50	00:20:57	00:06:45	00:21:24	00:06:54	00:42:15
106	589	Greer	James	M	40+		00:42:23	00:06:50	00:20:06	00:06:29	00:22:17	00:07:11	00:42:22
107	367	Mark	Wilson	Male	45+		00:42:25	00:06:50	00:20:24	00:06:35	00:22:01	00:07:06	00:42:19
108	679	Newburn	David	M	45+		00:42:25	00:06:50	00:20:29	00:06:36	00:21:56	00:07:05	00:42:18

Pos	Bib	Forename	Surname	Sex	Cat	Club	Finish	MPM	First Half	MPM	Second Half	MPM	Chiptime
109	705	Caughey	Jonathan	M	Open		00:42:25	00:06:50	00:20:39	00:06:40	00:21:46	00:07:01	00:42:20
110	291	Carl	Hashim	Male	Open		00:42:26	00:06:51	00:21:05	00:06:48	00:21:21	00:06:53	00:42:08
111	604	McMaster	Steven	M	50+		00:42:26	00:06:51	00:20:51	00:06:44	00:21:35	00:06:58	00:42:22
112	769	Connor	Claire	F	Open	North Belfast Harriers	00:42:26	00:06:51	00:20:13	00:06:31	00:22:13	00:07:10	00:42:24
113	370	Paul	Quinn	Male	Open		00:42:28	00:06:51	00:21:57	00:07:05	00:20:31	00:06:37	00:42:05
114	221	Richard	McClenaghan	Male	Open		00:42:46	00:06:54	00:21:12	00:06:50	00:21:34	00:06:57	00:42:36
115	359	Thomas	Moore	Male	35+	Springwell Running Club	00:42:47	00:06:54	00:20:37	00:06:39	00:22:10	00:07:09	00:42:44
116	455	Stephen	Lyons	Male	35+	Dub Runners	00:42:49	00:06:54	00:21:00	00:06:46	00:21:49	00:07:02	00:42:42
117	284	Conor	Diver	Male	35+		00:42:50	00:06:55	00:20:14	00:06:32	00:22:36	00:07:17	00:42:45
118	838	Fletcher	David	M	35+		00:42:55	00:06:55	00:21:52	00:07:03	00:21:03	00:06:47	00:42:44
119	592	Weir	Keith	M	Open		00:42:56	00:06:55	00:21:01	00:06:47	00:21:55	00:07:04	00:42:47
120	648	O'Boyle	Conor	M	Open	North Down A.C.	00:42:57	00:06:56	00:20:49	00:06:43	00:22:08	00:07:08	00:42:51
121	700	Logan	Shane	M	45+	North Down A.C.	00:42:58	00:06:56	00:20:41	00:06:40	00:22:17	00:07:11	00:42:49
122	301	Samuel	McCaul	Male	open		00:42:59	00:06:56	00:22:04	00:07:07	00:20:55	00:06:45	00:42:43
123	613	Sloan	Kirk	M	Open		00:42:59	00:06:56	00:20:35	00:06:38	00:22:24	00:07:14	00:42:56
124	191	Gemma	Turley	Female	Open	Abbey AC	00:43:00	00:06:56	00:21:10	00:06:50	00:21:50	00:07:03	00:42:56
125	513	Andrew	Edwards	Male	45+	Lagan Valley	00:43:02	00:06:56	00:20:24	00:06:35	00:22:38	00:07:18	00:43:00
126	154	Conrad	Carroll	Male	35+		00:43:09	00:06:58	00:21:00	00:06:46	00:22:09	00:07:09	00:43:06
127	724	McConnell	Samuel	M	40+	Lagan Valley	00:43:12	00:06:58	00:21:17	00:06:52	00:21:55	00:07:04	00:43:10
128	515	Ronnie	Marshall	Male	45+	North Belfast Harriers	00:43:14	00:06:58	00:20:33	00:06:38	00:22:41	00:07:19	00:43:07
129	710	Wilson	Brian	M	45+	East Down AC	00:43:15	00:06:59	00:20:47	00:06:42	00:22:28	00:07:15	00:43:10
130	546	Karen	Devlin	Female	35+	Dub Runners	00:43:17	00:06:59	00:21:09	00:06:49	00:22:08	00:07:08	00:43:10
131	375	Trevor	Dallas	Male	50+	Sperrin Harriers	00:43:18	00:06:59	00:21:02	00:06:47	00:22:16	00:07:11	00:43:16
132	550	Philip	McComb	Male	35+		00:43:20	00:06:59	00:20:48	00:06:43	00:22:32	00:07:16	00:43:12
133	223	Julie	Murphy	Female	Open	Lagan Valley	00:43:26	00:07:00	00:21:10	00:06:50	00:22:16	00:07:11	00:43:21
134	239	Allister	Patton	Male	Open		00:43:26	00:07:00	00:21:07	00:06:49	00:22:19	00:07:12	00:43:14
135	797	Mawhinney	Norman	M	50+		00:43:28	00:07:01	00:21:23	00:06:54	00:22:05	00:07:07	00:42:53
136	273	Marie	Byrne	Female	Open	Clonliffe Harriers	00:43:29	00:07:01	00:21:52	00:07:03	00:21:37	00:06:58	00:43:17
137	308	Paul	Brown	Male	45+	North Down A.C.	00:43:33	00:07:01	00:21:20	00:06:53	00:22:13	00:07:10	00:43:26
138	424	Eric	Montgomery	Male	50+	Lagan Valley	00:43:33	00:07:01	00:19:21	00:06:15	00:24:12	00:07:48	00:43:31
139	265	Francis	Boal	Male	60+	Ballydrain Harriers	00:43:34	00:07:02	00:21:19	00:06:53	00:22:15	00:07:11	00:43:27
140	288	Patrick	Anderson	Male	Open		00:43:36	00:07:02	00:21:22	00:06:54	00:22:14	00:07:10	00:43:22
141	539	Geraldine	Quigley	Female	35+	North Belfast Harriers	00:43:37	00:07:02	00:21:25	00:06:55	00:22:12	00:07:10	00:43:31
142	585	McKenna	Philip	M	35+		00:43:39	00:07:02	00:21:28	00:06:55	00:22:11	00:07:09	00:43:34
143	717	Smartt	Stephen	M	40+	Lunch time Legends	00:43:40	00:07:03	00:21:10	00:06:50	00:22:30	00:07:15	00:43:37
144	626	Corken	Neil	M	45+	NICSSA	00:43:41	00:07:03	00:21:33	00:06:57	00:22:08	00:07:08	00:43:36

Pos	Bib	Forename	Surname	Sex	Cat	Club	Finish	MPM	First Half	MPM	Second Half	MPM	Chiptime
145	374	Albert	Law	Male	50+	Omagh Harriers	00:43:55	00:07:05	00:21:10	00:06:50	00:22:45	00:07:20	00:43:53
146	235	Richard	Weir	Male	open	Ballymena Runners	00:43:58	00:07:05	00:21:58	00:07:05	00:22:00	00:07:06	00:43:48
147	669	Crawford	Ashley	M	Open	Sperrin Harriers	00:43:59	00:07:06	00:21:18	00:06:52	00:22:41	00:07:19	00:43:49
148	179	Dennis	Scott	Male	open		00:44:05	00:07:07	00:22:09	00:07:09	00:21:56	00:07:05	00:43:45
149	312	Paul	Burns	Male	Open		00:44:08	00:07:07	00:20:45	00:06:42	00:23:23	00:07:33	00:44:03
150	48	Sean	Nickell	Male	35+		00:44:09	00:07:07	00:21:37	00:06:58	00:22:32	00:07:16	00:44:03
151	581	Finlay	Douglas	M	35+		00:44:11	00:07:08	00:21:43	00:07:00	00:22:28	00:07:15	00:44:01
152	619	Traynor	David	M	45+		00:44:12	00:07:08	00:21:59	00:07:05	00:22:13	00:07:10	00:43:44
153	642	Wilson	Glen	M	35+	Co Antrim Harriers	00:44:12	00:07:08	00:20:52	00:06:44	00:23:20	00:07:32	00:44:10
154	64	Toni	Crowe	Female	open		00:44:13	00:07:08	00:21:39	00:06:59	00:22:34	00:07:17	00:44:04
155	696	Burke	Michael	M	Open		00:44:17	00:07:09	00:21:21	00:06:53	00:22:56	00:07:24	00:44:15
156	296	Mike	Smith	Male	55+	Dub Runners	00:44:30	00:07:11	00:22:35	00:07:17	00:21:55	00:07:04	00:44:16
157	263	Robbie	Moore	Male	35+		00:44:31	00:07:11	00:22:18	00:07:12	00:22:13	00:07:10	00:44:25
158	658	McQuillan	Clodagh	F	Open		00:44:34	00:07:11	00:21:55	00:07:04	00:22:39	00:07:18	00:44:24
159	281	Gary	Montgomery	Male	40+	County Antrim Harriers	00:44:38	00:07:12	00:22:12	00:07:10	00:22:26	00:07:14	00:44:22
160	506	Eddie	Blayney	Male	50+		00:44:43	00:07:13	00:21:35	00:06:58	00:23:08	00:07:28	00:44:37
161	740	Dunn	Sam	M	55+	East Antrim Harriers	00:44:45	00:07:13	00:22:01	00:07:06	00:22:44	00:07:20	00:44:40
162	650	Stewart	Michael	M	Open		00:44:47	00:07:13	00:23:10	00:07:28	00:21:37	00:06:58	00:44:30
163	606	Logan	Alan	M	35+		00:44:59	00:07:15	00:22:14	00:07:10	00:22:45	00:07:20	00:44:54
164	655	Dowey	Tom	M	55+		00:45:00	00:07:15	00:21:44	00:07:01	00:23:16	00:07:30	00:44:56
165	100	Mike	Donlevy	Male	40+	Lauderdale Limpers	00:45:01	00:07:16	00:22:48	00:07:21	00:22:13	00:07:10	00:44:44
166	12	Ryan	McTier	Male	open		00:45:03	00:07:16	00:21:13	00:06:51	00:23:50	00:07:41	00:44:59
167	731	Edgar	Stanley	M	45+		00:45:03	00:07:16	00:21:59	00:07:05	00:23:04	00:07:26	00:44:58
168	192	James	Edge	Male	50+	NICSAC	00:45:04	00:07:16	00:22:55	00:07:24	00:22:09	00:07:09	00:44:40
169	627	McNeill	Aine	F	40+	Dromore AC	00:45:05	00:07:16	00:22:12	00:07:10	00:22:53	00:07:23	00:45:00
170	785	Barr	James	M	35+		00:45:06	00:07:16	00:22:57	00:07:24	00:22:09	00:07:09	00:44:47
171	314	Desmond	O'Neill	Male	40+	Banbridge A.C.	00:45:15	00:07:18	00:21:53	00:07:04	00:23:22	00:07:32	00:45:10
172	569	Stephen	McKeown	Male	Open		00:45:19	00:07:19	00:22:04	00:07:07	00:23:15	00:07:30	00:45:16
173	95	Andrea	Heslip	Female	open	Banbridge A.C.	00:45:20	00:07:19	00:22:18	00:07:12	00:23:02	00:07:26	00:45:16
174	746	Roberts	William	M	50+		00:45:21	00:07:19	00:21:03	00:06:47	00:24:18	00:07:50	00:45:10
175	670	McKenna	Gerry	M	50+	Ballymena Runners	00:45:22	00:07:19	00:22:33	00:07:16	00:22:49	00:07:22	00:45:15
176	684	Smyth	Phil	M	Open	Ballymena Runners	00:45:25	00:07:20	00:22:36	00:07:17	00:22:49	00:07:22	00:45:19
177	160	Ivo	Damkat	Male	open		00:45:31	00:07:20	00:22:03	00:07:07	00:23:28	00:07:34	00:45:05
178	728	Mossey	Alan	M	50+		00:45:38	00:07:22	00:21:45	00:07:01	00:23:53	00:07:42	00:45:33
179	149	Stephen	Aicken	Male	40+		00:45:39	00:07:22	00:21:54	00:07:04	00:23:45	00:07:40	00:45:30
180	686	Brennan	Ian	M	40+	Larne Athletic Club	00:45:41	00:07:22	00:21:58	00:07:05	00:23:43	00:07:39	00:45:39

Pos	Bib	Forename	Surname	Sex	Cat	Club	Finish	MPM	First Half	MPM	Second Half	MPM	Chiptime
181	166	Donald	Smith	Male	35+		00:45:42	00:07:22	00:21:57	00:07:05	00:23:45	00:07:40	00:45:37
182	105	Darren	Hamilton	Male	open		00:45:50	00:07:24	00:21:25	00:06:55	00:24:25	00:07:53	00:45:44
183	178	Michelle	Bradley	Female	open	Abbey AC	00:45:50	00:07:24	00:22:17	00:07:11	00:23:33	00:07:36	00:45:46
184	307	Michael	Boyle	Male	open		00:45:53	00:07:24	00:22:18	00:07:12	00:23:35	00:07:36	00:45:40
185	98	David	Henry	Male	40+	Lauderdale Limpers	00:45:55	00:07:24	00:22:48	00:07:21	00:23:07	00:07:27	00:45:38
186	675	Salmon	Edward	M	35+		00:46:01	00:07:25	00:22:00	00:07:06	00:24:01	00:07:45	00:45:55
187	146	Robin	Tate	Male	40+	Ballymena Runners	00:46:05	00:07:26	00:22:37	00:07:18	00:23:28	00:07:34	00:46:00
188	631	O'Donnell	Damian	M	35+		00:46:13	00:07:27	00:22:59	00:07:25	00:23:14	00:07:30	00:46:03
189	748	Orobio	Jennifer	F	Open		00:46:17	00:07:28	00:22:46	00:07:21	00:23:31	00:07:35	00:46:17
190	225	Sean	Muldoon	Male	35+		00:46:19	00:07:28	00:22:33	00:07:16	00:23:46	00:07:40	00:46:15
191	764	McVitty	Albert	M	45+		00:46:19	00:07:28	00:22:49	00:07:22	00:23:30	00:07:35	00:46:12
192	378	Richard	Liddle	Male	open		00:46:21	00:07:29	00:22:46	00:07:21	00:23:35	00:07:36	00:46:10
193	365	Wendy	McClellan	Female	45+	Banbridge A.C.	00:46:22	00:07:29	00:22:51	00:07:22	00:23:31	00:07:35	00:46:17
194	198	Chris	Flannigan	Male	open		00:46:23	00:07:29	00:22:27	00:07:15	00:23:56	00:07:43	00:46:21
195	476	Ian	Campton	Male	40+		00:46:24	00:07:29	00:23:21	00:07:32	00:23:03	00:07:26	00:45:41
196	574	McGinty	David	Male	Open		00:46:25	00:07:29	00:21:57	00:07:05	00:24:28	00:07:54	00:46:20
197	473	Alan	Hartley	Male	open		00:46:26	00:07:29	00:22:55	00:07:24	00:23:31	00:07:35	00:45:58
198	590	McConville	Roma	F	50+	ND Athletic	00:46:26	00:07:29	00:22:33	00:07:16	00:23:53	00:07:42	00:46:19
199	741	Irvine	Nick	M	open		00:46:29	00:07:30	00:22:39	00:07:18	00:23:50	00:07:41	00:46:22
200	750	Baird	John	M	45+	NICSSA	00:46:30	00:07:30	00:22:59	00:07:25	00:23:31	00:07:35	00:46:17
201	681	Carson	Tom	M	Open		00:46:33	00:07:30	00:23:02	00:07:26	00:23:31	00:07:35	00:46:24
202	213	Kevin	McVeigh	Male	40+	Billy Whizz	00:46:36	00:07:31	00:23:49	00:07:41	00:22:47	00:07:21	00:46:26
203	671	Hughes	Keneth	M	45+		00:46:39	00:07:31	00:22:22	00:07:13	00:24:17	00:07:50	00:46:37
204	181	Ryan	Aiken	Male	open		00:46:43	00:07:32	00:23:42	00:07:39	00:23:01	00:07:25	00:46:24
205	524	Paul	O'Hare	Male	45+		00:46:43	00:07:32	00:23:22	00:07:32	00:23:21	00:07:32	00:46:34
206	276	Jonny	Cairns	Male	Open		00:46:50	00:07:33	00:22:38	00:07:18	00:24:12	00:07:48	00:46:49
207	768	Duggan	Gillian	F	Open		00:46:52	00:07:34	00:22:47	00:07:21	00:24:05	00:07:46	00:46:45
208	475	Frankey	McGivern	Female	40+	North Belfast Harr	00:46:54	00:07:34	00:22:56	00:07:24	00:23:58	00:07:44	00:46:52
209	279	Abi	McCarter	Female	open		00:46:55	00:07:34	00:22:56	00:07:24	00:23:59	00:07:44	00:46:45
210	332	Laurence	Edgar	Male	45+	Laurence Edgar	00:46:55	00:07:34	00:23:26	00:07:34	00:23:29	00:07:35	00:46:45
211	649	Armstrong	William	M	Open	North Belfast Harriers	00:46:56	00:07:34	00:23:09	00:07:28	00:23:47	00:07:40	00:46:47
212	474	Anne	Killen	Female	open		00:46:57	00:07:34	00:23:11	00:07:29	00:23:46	00:07:40	00:46:42
213	530	Beverley	Gaston	Female	open	Larne Athletic Club	00:46:57	00:07:34	00:22:39	00:07:18	00:24:18	00:07:50	00:46:50
214	209	Stephen	Hamilton	Male	45+	Seapark AC	00:47:01	00:07:35	00:21:54	00:07:04	00:25:07	00:08:06	00:46:55
215	459	John	Malone	Male	Open		00:47:04	00:07:35	00:23:35	00:07:36	00:23:29	00:07:35	00:46:37
216	132	Jim	Platt	Male	60+	Springwell Running Club	00:47:05	00:07:36	00:23:23	00:07:33	00:23:42	00:07:39	00:46:58

Pos	Bib	Forename	Surname	Sex	Cat	Club	Finish	MPM	First Half	MPM	Second Half	MPM	Chiptime
217							00:47:09	00:07:36					11:49:03
218	231	Patrick	McCann	Male	50+		00:47:10	00:07:36	00:23:25	00:07:33	00:23:45	00:07:40	00:46:51
219	323	Andrew	Barry	Male	40+		00:47:16	00:07:37	00:22:50	00:07:22	00:24:26	00:07:53	00:47:09
220	720	McCorry	Thomas	M	35+		00:47:19	00:07:38	00:23:25	00:07:33	00:23:54	00:07:43	00:47:07
221	311	Stephen	Crooks	Male	open	The Peak Elite	00:47:20	00:07:38	00:22:57	00:07:24	00:24:23	00:07:52	00:47:14
222	339	David	Stewart	Male	45+	Murlough AC	00:47:20	00:07:38	00:23:07	00:07:27	00:24:13	00:07:49	00:47:09
223	373	Richard	Kee	Male	Open		00:47:21	00:07:38	00:22:19	00:07:12	00:25:02	00:08:05	00:47:16
224	545	Joe	Keane	Male	50+		00:47:22	00:07:38	00:23:23	00:07:33	00:23:59	00:07:44	00:47:14
225	481	David	Craughwell	Male	open	Newry City Runners	00:47:23	00:07:39	00:23:46	00:07:40	00:23:37	00:07:37	00:47:19
226	110	Keith	Wylde	Male	45+		00:47:25	00:07:39	00:23:33	00:07:36	00:23:52	00:07:42	00:47:09
227	366	Leo	McGrenaghan	Male	45+		00:47:25	00:07:39	00:23:20	00:07:32	00:24:05	00:07:46	00:47:11
228	376	Jodi	Smith	Female	open	North Down A.C.	00:47:27	00:07:39	00:23:25	00:07:33	00:24:02	00:07:45	00:47:23
229	744	Hardy	Rachel	F	open	North Down A.C.	00:47:27	00:07:39	00:23:24	00:07:33	00:24:03	00:07:45	00:47:23
230	346	John	Leeming	Male	55+		00:47:28	00:07:39	00:23:03	00:07:26	00:24:25	00:07:53	00:47:24
231	238	Ken	Beggs	Male	50+	East Antrim Harriers	00:47:31	00:07:40	00:23:27	00:07:34	00:24:04	00:07:46	00:47:24
232	799	Brady	Francis	M	35+		00:47:34	00:07:40	00:23:24	00:07:33	00:24:10	00:07:48	00:47:13
233	737	Brown	David	M	Open		00:47:37	00:07:41	00:24:01	00:07:45	00:23:36	00:07:37	00:47:15
234	651	Petticrew	Linda	F	40+	North Belfast Harriers	00:47:40	00:07:41	00:23:31	00:07:35	00:24:09	00:07:47	00:47:31
235	96	Brian	Duggan	Male	35+		00:47:42	00:07:42	00:23:24	00:07:33	00:24:18	00:07:50	00:47:28
236	596	Gilmore	Keith	M	Open		00:47:43	00:07:42	00:23:14	00:07:30	00:24:29	00:07:54	00:47:27
237	556	Tim	Bryans	Male	Open		00:47:44	00:07:42	00:24:48	00:08:00	00:22:56	00:07:24	00:46:49
238	494	Gareth	McAllister	Male	40+		00:47:48	00:07:43	00:23:01	00:07:25	00:24:47	00:08:00	00:47:29
239	333	John	Neil	Male	45+	John Neil	00:47:50	00:07:43	00:23:27	00:07:34	00:24:23	00:07:52	00:47:39
240	527	Nigel	Proctor	Male	45+	Banbridge A.C.	00:47:54	00:07:44	00:22:58	00:07:25	00:24:56	00:08:03	00:47:48
241	482	Adrian	Beattie	Male	35+		00:47:55	00:07:44	00:24:48	00:08:00	00:23:07	00:07:27	00:47:00
242	622	McNiff	Gillian	F	40+	Banbridge AC	00:47:56	00:07:44	00:22:58	00:07:25	00:24:58	00:08:03	00:47:50
243	409	Kieran	McGovern	Male	50+		00:48:00	00:07:45	00:22:42	00:07:19	00:25:18	00:08:10	00:47:54
244	404	Emma	Armstrong	Female	open		00:48:01	00:07:45	00:23:53	00:07:42	00:24:08	00:07:47	00:47:42
245	727	Nelson	Caroline	F	35+	Dromore AC	00:48:01	00:07:45	00:23:57	00:07:44	00:24:04	00:07:46	00:47:46
246	593	Lennon	Stephen	M	45+		00:48:05	00:07:45	00:22:26	00:07:14	00:25:39	00:08:16	00:47:57
247	170	Colin	Reed	Male	50+	Really Auld Limpers	00:48:07	00:07:46	00:23:32	00:07:35	00:24:35	00:07:56	00:47:52
248	150	Paul	O'Hare	Male	45+	NICS AC	00:48:16	00:07:47	00:24:10	00:07:48	00:24:06	00:07:46	00:48:00
249	588	McDowell	Craig	M	Open		00:48:17	00:07:47	00:23:59	00:07:44	00:24:18	00:07:50	00:48:02
250	586	Patterson	David	M	Open		00:48:18	00:07:47	00:23:14	00:07:30	00:25:04	00:08:05	00:47:58
251	536	Tim	Cooke	Male	open		00:48:19	00:07:48	00:23:43	00:07:39	00:24:36	00:07:56	00:47:57
252	405	Scott	Hyvart	Male	open		00:48:25	00:07:49	00:24:32	00:07:55	00:23:53	00:07:42	00:47:44

Pos	Bib	Forename	Surname	Sex	Cat	Club	Finish	MPM	First Half	MPM	Second Half	MPM	Chiptime
253	611	Montgomery	Hazel	F	45+		00:48:29	00:07:49	00:25:04	00:08:05	00:23:25	00:07:33	00:48:15
254	564	Gary	Bennett	Male	45+		00:48:31	00:07:50	00:23:44	00:07:39	00:24:47	00:08:00	00:48:26
255	168	David	Murphy	Male	open		00:48:33	00:07:50	00:24:27	00:07:53	00:24:06	00:07:46	00:48:13
256	380	Donovan	Bowen	Male	35+		00:48:34	00:07:50	00:24:22	00:07:52	00:24:12	00:07:48	00:48:21
257	806	Masson	Colin	M	35+		00:48:35	00:07:50	00:23:07	00:07:27	00:25:28	00:08:13	00:48:29
258	219	Tracy	McWhinney	Female	35+	North Down A.C.	00:48:40	00:07:51	00:23:24	00:07:33	00:25:16	00:08:09	00:48:36
259	303	Lizanne	Hopkins	Female	40+		00:48:51	00:07:53	00:24:11	00:07:48	00:24:40	00:07:57	00:48:43
260	719	Rodgers	Jarlath	M	35+		00:48:51	00:07:53	00:23:45	00:07:40	00:25:06	00:08:06	00:48:38
261	759	Goode	Alastair	M	Open		00:48:51	00:07:53	00:23:57	00:07:44	00:24:54	00:08:02	00:48:33
262	837	McMullan	Clare	F	45+		00:48:51	00:07:53	00:24:19	00:07:51	00:24:32	00:07:55	00:48:40
263	704	Connery	Nichola	F	open		00:48:56	00:07:54	00:23:34	00:07:36	00:25:22	00:08:11	00:48:50
264	297	David	Main	Male	40+		00:49:00	00:07:54	00:24:43	00:07:58	00:24:17	00:07:50	00:48:36
265	204	Stephen	Finlay	Male	35+		00:49:03	00:07:55	00:22:53	00:07:23	00:26:10	00:08:26	00:48:58
266	672	Mawhinney	Kevin	M	50+		00:49:05	00:07:55	00:24:36	00:07:56	00:24:29	00:07:54	00:48:47
267	448	Stephen	Brown	Male	45+		00:49:06	00:07:55	00:25:04	00:08:05	00:24:02	00:07:45	00:48:36
268	202	Alan	Massey	Male	35+		00:49:10	00:07:56	00:23:10	00:07:28	00:26:00	00:08:23	00:49:01
269	756	Cairns	Jonny	M	Open		00:49:16	00:07:57	00:23:46	00:07:40	00:25:30	00:08:14	00:49:07
270	689	Chivers	Steven	M	Open		00:49:17	00:07:57	00:25:46	00:08:19	00:23:31	00:07:35	00:48:47
271	782	McLarnon	Colm	M	45+		00:49:18	00:07:57	00:24:21	00:07:51	00:24:57	00:08:03	00:49:10
272	712	Vries	Binne	M	40+		00:49:20	00:07:57	00:24:35	00:07:56	00:24:45	00:07:59	00:48:57
273	479	Nicola	Sullivan	Female	35+		00:49:21	00:07:58	00:24:57	00:08:03	00:24:24	00:07:52	00:49:05
274	489	Chris	Ferguson	Male	40+		00:49:25	00:07:58	00:25:21	00:08:11	00:24:04	00:07:46	00:48:50
275	571	Philip	Skelly	Male	35+		00:49:25	00:07:58	00:24:51	00:08:01	00:24:34	00:07:55	00:49:10
276	128	Keith	Paige	Male	35+		00:49:27	00:07:59	00:25:40	00:08:17	00:23:47	00:07:40	00:48:56
277	795	Story	Nigel	M	40+		00:49:27	00:07:59	00:24:13	00:07:49	00:25:14	00:08:08	00:49:09
278	17	Jonny	Kinney	Male	35+		00:49:28	00:07:59	00:25:02	00:08:05	00:24:26	00:07:53	00:49:02
279	397	Philip	Campbell	Male	open		00:49:28	00:07:59	00:23:38	00:07:37	00:25:50	00:08:20	00:49:14
280	431	Daniel	McHugh	Male	open		00:49:29	00:07:59	00:22:55	00:07:24	00:26:34	00:08:34	00:49:11
281	93	Judith	Taylor	Female	35+		00:49:38	00:08:00	00:24:51	00:08:01	00:24:47	00:08:00	00:49:24
282	722	Tierney	Natalie	F	35+		00:49:40	00:08:01	00:24:10	00:07:48	00:25:30	00:08:14	00:49:34
283	56	Neil	McIntosh	Male	open		00:49:42	00:08:01	00:25:48	00:08:19	00:23:54	00:07:43	00:49:13
284	319	Lorna	Sims	Female	35+		00:49:43	00:08:01	00:23:57	00:07:44	00:25:46	00:08:19	00:49:32
285	754	Bennett	Andrew	M	Open		00:49:43	00:08:01	00:22:55	00:07:24	00:26:48	00:08:39	00:49:37
286	81	Adam	Smith	Male	35+		00:49:44	00:08:01	00:24:12	00:07:48	00:25:32	00:08:14	00:49:20
287	760	Kirk	Dave	M	40+		00:49:44	00:08:01	00:25:25	00:08:12	00:24:19	00:07:51	00:49:13
288	625	Daye	Sammy	M	35+	Derryboye Harriers	00:49:47	00:08:02	00:23:47	00:07:40	00:26:00	00:08:23	00:49:46



Pos	Bib	Forename	Surname	Sex	Cat	Club	Finish	MPM	First Half	MPM	Second Half	MPM	Chiptime
289	718	Bull	Gavin	M	35+		00:49:47	00:08:02	00:25:20	00:08:10	00:24:27	00:07:53	00:49:27
290	50	Richard	Hand	Male	45+		00:49:49	00:08:02	00:25:28	00:08:13	00:24:21	00:07:51	00:49:25
291	517	Sean	McFerran	Male	50+		00:49:49	00:08:02	00:24:19	00:07:51	00:25:30	00:08:14	00:49:41
292	685	Montgomery	Rhonda	F	40+	Larne Athletic Club	00:49:55	00:08:03	00:24:39	00:07:57	00:25:16	00:08:09	00:49:46
293	500	Alexander	McKee	Male	35+		00:49:56	00:08:03	00:24:22	00:07:52	00:25:34	00:08:15	00:49:43
294	610	Sheldon	John	M	45+		00:49:56	00:08:03	00:24:17	00:07:50	00:25:39	00:08:16	00:49:49
295	278	Karen	Hewitt	Female	Open	Karen Hewitt	00:49:58	00:08:04	00:26:40	00:08:36	00:23:18	00:07:31	00:49:30
296	726	Bailie	Janette	F	35+	Dromore AC	00:50:00	00:08:04	00:24:51	00:08:01	00:25:09	00:08:07	00:49:43
297	197	Conor	Johnston	Male	open	East Antrim Harriers	00:50:07	00:08:05	00:24:03	00:07:45	00:26:04	00:08:25	00:49:56
298	211	Michael	McGarity	Male	45+		00:50:10	00:08:05	00:24:24	00:07:52	00:25:46	00:08:19	00:49:47
299	391	Neil	Patton	Male	open		00:50:15	00:08:06	00:24:15	00:07:49	00:26:00	00:08:23	00:50:06
300	201	Joanne	Williams	Female	40+		00:50:17	00:08:07	00:24:51	00:08:01	00:25:26	00:08:12	00:50:03
301	758	McLoughlin	Gary	M	40+	East Down AC	00:50:19	00:08:07	00:21:51	00:07:03	00:28:28	00:09:11	00:50:13
302	509	Burns	Andrew	M	Open		00:50:20	00:08:07	00:23:52	00:07:42	00:26:28	00:08:32	00:50:02
303	737	Sam	Sharpe	Male	55+		00:50:21	00:08:07	00:23:56	00:07:43	00:26:25	00:08:31	00:50:16
304	568	Tina	Davies	Female	Open		00:50:21	00:08:07	00:25:21	00:08:11	00:25:00	00:08:04	00:49:58
305	280	Trevor	Mitchell	Male	35+	Trevor Mitchell	00:50:25	00:08:08	00:26:40	00:08:36	00:23:45	00:07:40	00:49:57
306	337	Trevor	Gardiner	Male	40+	Larne Athletic Club	00:50:28	00:08:08	00:24:57	00:08:03	00:25:31	00:08:14	00:50:19
307	287	David	McCann	Male	Open		00:50:30	00:08:09	00:25:20	00:08:10	00:25:10	00:08:07	00:50:10
308	320	Nuala	Muldoon	Female	Open		00:50:31	00:08:09	00:24:21	00:07:51	00:26:10	00:08:26	00:50:28
309	735	Arnold	Mark	M	40+		00:50:32	00:08:09	00:24:37	00:07:56	00:25:55	00:08:22	00:50:04
310	283	Gerard	McAuley	Male	open	East Down AC	00:50:33	00:08:09	00:24:52	00:08:01	00:25:41	00:08:17	00:50:26
311	190	Chris	McIvor	Male	35+		00:50:36	00:08:10	00:24:38	00:07:57	00:25:58	00:08:23	00:50:21
312	531	Ruth	McKee	Female	45+	Banbridge A.C.	00:50:36	00:08:10	00:24:53	00:08:02	00:25:43	00:08:18	00:50:30
313	354	Timothy	McCullough	Male	45+		00:50:41	00:08:10	00:25:56	00:08:22	00:24:45	00:07:59	00:50:22
314	299	Sinead	Kinsella	Female	open		00:50:44	00:08:11	00:24:50	00:08:01	00:25:54	00:08:21	00:50:34
315	172	Simon	Cheung	Male	45+		00:50:49	00:08:12	00:25:23	00:08:11	00:25:26	00:08:12	00:50:34
316	665	Campbell	Bernadette	F	Open	Larne Athletic Club	00:50:49	00:08:12	00:25:08	00:08:06	00:25:41	00:08:17	00:50:42
317	65	Nikki	Heywood	Female	open		00:50:51	00:08:12	00:25:01	00:08:04	00:25:50	00:08:20	00:50:32
318	599	Rainey	Claire	F	35+		00:50:51	00:08:12	00:24:43	00:07:58	00:26:08	00:08:26	00:50:41
319	224	Peter	Brown	Male	open		00:50:52	00:08:12	00:25:38	00:08:16	00:25:14	00:08:08	00:50:44
320	465	Angie	McGowan	Female	Open		00:50:55	00:08:13	00:24:58	00:08:03	00:25:57	00:08:22	00:50:38
321	520	Ruth	Wilson	Female	35+	Larne Athletic Club	00:50:55	00:08:13	00:25:08	00:08:06	00:25:47	00:08:19	00:50:47
322	548	Trevor	Dunne	Male	35+		00:50:56	00:08:13	00:25:07	00:08:06	00:25:49	00:08:20	00:50:48
323	485	Ross	Davis	Male	open		00:50:58	00:08:13	00:24:31	00:07:55	00:26:27	00:08:32	00:50:53
324	253	Christopher	Bowman	Male	45+		00:50:59	00:08:13	00:25:28	00:08:13	00:25:31	00:08:14	00:50:42

Pos	Bib	Forename	Surname	Sex	Cat	Club	Finish	MPM	First Half	MPM	Second Half	MPM	Chiptime
325	147	Clifford	Winters	Male	Open		00:51:00	00:08:14	00:26:45	00:08:38	00:24:15	00:07:49	00:50:38
326	353	Robert	Wylie	Male	40+		00:51:00	00:08:14	00:25:53	00:08:21	00:25:07	00:08:06	00:50:28
327	241	Gary	Johnston	Male	Open		00:51:02	00:08:14	00:24:45	00:07:59	00:26:17	00:08:29	00:50:38
328	667	Dobbin	Peter	M	35+		00:51:02	00:08:14	00:25:23	00:08:11	00:25:39	00:08:16	00:50:48
329	302	Joe	O'Sullivan	Male	35+		00:51:07	00:08:15	00:25:11	00:08:07	00:25:56	00:08:22	00:50:54
330	614	Neill	Thomas	M	40+		00:51:12	00:08:15	00:24:32	00:07:55	00:26:40	00:08:36	00:51:09
331	135	Robert	McCalister	Male	45+		00:51:16	00:08:16	00:23:32	00:07:35	00:27:44	00:08:57	00:51:07
332	242	John	McConnell	Male	35+		00:51:17	00:08:16	00:26:39	00:08:36	00:24:38	00:07:57	00:50:33
333	344	Stephen	Green	Male	open		00:51:17	00:08:16	00:25:22	00:08:11	00:25:55	00:08:22	00:51:00
334	294	Myles	Dunne	Male	65+		00:51:18	00:08:16	00:25:08	00:08:06	00:26:10	00:08:26	00:51:10
335	780	Black	Michelle	F	Open		00:51:18	00:08:16	00:24:23	00:07:52	00:26:55	00:08:41	00:51:06
336	532	Roger	Nicholson	Male	40+	Billy Whizz	00:51:21	00:08:17	00:23:50	00:07:41	00:27:31	00:08:53	00:51:10
337	511	Claire	Kenna	Female	Open		00:51:23	00:08:17	00:25:23	00:08:11	00:26:00	00:08:23	00:51:19
338	567	Stephen	Forbes	Male	35+		00:51:24	00:08:17	00:25:29	00:08:13	00:25:55	00:08:22	00:50:47
339	618	Worledge	Richard	M	50+		00:51:28	00:08:18	00:25:47	00:08:19	00:25:41	00:08:17	00:51:03
340	598	Rainey	Colin	M	open		00:51:32	00:08:19	00:23:39	00:07:38	00:27:53	00:09:00	00:51:21
341	329	Norman	Bell	Male	open		00:51:33	00:08:19	00:25:18	00:08:10	00:26:15	00:08:28	00:51:24
342	328	Colin	Bell	Male	35+		00:51:34	00:08:19	00:25:19	00:08:10	00:26:15	00:08:28	11:53:28
343	839	Parker	Ross	M	35+		00:51:38	00:08:20	00:24:21	00:07:51	00:27:17	00:08:48	00:51:29
344	325	Tim	Crawford	Male	Open		00:51:43	00:08:20	00:25:53	00:08:21	00:25:50	00:08:20	00:51:11
345	774	Thompson	Gavin	M	35+		00:51:44	00:08:21	00:24:34	00:07:55	00:27:10	00:08:46	00:51:39
346	423	Kate	Montgomery	Female	50+	Lagan Valley	00:51:46	00:08:21	00:25:23	00:08:11	00:26:23	00:08:31	00:51:31
347	453	Eirlys	Goldring	Female	35+		00:51:49	00:08:21	00:25:17	00:08:09	00:26:32	00:08:34	00:51:44
348	399	Tara	Cummings	Female	35+		00:51:50	00:08:22	00:25:17	00:08:09	00:26:33	00:08:34	00:51:44
349	117	Gareth	McElroy	Male	open		00:51:57	00:08:23	00:25:59	00:08:23	00:25:58	00:08:23	00:51:20
350	421	Ian	Cleland	Male	Open		00:51:58	00:08:23	00:24:37	00:07:56	00:27:21	00:08:49	00:51:53
351	334	Stephen	Murphy	Male	40+		00:51:59	00:08:23	00:25:11	00:08:07	00:26:48	00:08:39	00:51:45
352	580	Noble	Keith	M	35+		00:52:00	00:08:23	00:24:28	00:07:54	00:27:32	00:08:53	00:51:49
353	290	Irene	Downey	Female	45+	County Antrim Harriers	00:52:06	00:08:24	00:26:12	00:08:27	00:25:54	00:08:21	00:51:48
354	552	John	McKenna	Male	35+		00:52:09	00:08:25	00:25:00	00:08:04	00:27:09	00:08:45	00:52:02
355	682	Fulton	Zara	F	Open		00:52:09	00:08:25	00:26:22	00:08:30	00:25:47	00:08:19	00:52:03
356	711	Boyle	Dermot	M	Open		00:52:09	00:08:25	00:25:26	00:08:12	00:26:43	00:08:37	00:51:26
357	600	Millar	Joanna	F	open		00:52:11	00:08:25	00:25:26	00:08:12	00:26:45	00:08:38	00:51:54
358	69	David	Balmer	Male	open		00:52:12	00:08:25	00:25:52	00:08:21	00:26:20	00:08:30	00:52:05
359	295	Pete	McCanny	Male	40+	Billy Whizz	00:52:12	00:08:25	00:25:11	00:08:07	00:27:01	00:08:43	00:52:02
360	497	Alison	Curtis	Female	open		00:52:12	00:08:25	00:27:12	00:08:46	00:25:00	00:08:04	00:51:50

Pos	Bib	Forename	Surname	Sex	Cat	Club	Finish	MPM	First Half	MPM	Second Half	MPM	Chiptime
361	716	McCormick	Andrew	M	45+		00:52:17	00:08:26	00:25:45	00:08:18	00:26:32	00:08:34	00:51:44
362	347	Gillian	Leeming	Female	50+		00:52:18	00:08:26	00:25:10	00:08:07	00:27:08	00:08:45	00:52:14
363	34	Jonny	Baker	Male	open		00:52:19	00:08:26	00:25:22	00:08:11	00:26:57	00:08:42	00:52:02
364	203	Andrew	Dow	Male	open		00:52:19	00:08:26	00:24:47	00:08:00	00:27:32	00:08:53	00:52:09
365	470	Richard	Brittan	Male	45+		00:52:19	00:08:26	00:27:10	00:08:46	00:25:09	00:08:07	00:51:49
366	612	Edwards	Wayne	M	40+		00:52:19	00:08:26	00:25:58	00:08:23	00:26:21	00:08:30	00:51:36
367	729	Knox	David	M	50+		00:52:25	00:08:27	00:25:12	00:08:08	00:27:13	00:08:47	00:52:22
368	155	Alan Joseph	Skelly	Male	Open		00:52:26	00:08:27	00:22:56	00:07:24	00:29:30	00:09:31	00:52:19
369	661	Savage	Monica	F	40+		00:52:27	00:08:28	00:25:29	00:08:13	00:26:58	00:08:42	00:52:20
370	66	Claire	McInnes	Female	open		00:52:30	00:08:28	00:25:38	00:08:16	00:26:52	00:08:40	00:52:15
371	757	Magill	John	M	40+		00:52:31	00:08:28	00:25:11	00:08:07	00:27:20	00:08:49	00:52:14
372	428	Orla	Smyth	Female	open		00:52:34	00:08:29	00:26:07	00:08:25	00:26:27	00:08:32	00:52:12
373	738	Myk	Monika	F	open		00:52:38	00:08:29	00:26:58	00:08:42	00:25:40	00:08:17	00:52:15
374	541	Jonathan	Boal	Male	open		00:52:40	00:08:30	00:26:08	00:08:26	00:26:32	00:08:34	00:52:18
375	807	Gould	Robert	M	35+		00:52:41	00:08:30	00:26:43	00:08:37	00:25:58	00:08:23	00:52:35
376	408	Brian	Tilly	Male	45+		00:52:42	00:08:30	00:26:27	00:08:32	00:26:15	00:08:28	00:52:03
377	306	Alison	Quinn	Female	open		00:52:48	00:08:31	00:26:15	00:08:28	00:26:33	00:08:34	00:52:26
378	634	Li	Gary	M	open		00:52:53	00:08:32	00:27:40	00:08:55	00:25:13	00:08:08	11:54:47
379	733	Erskine	Mark	M	35+		00:52:53	00:08:32	00:25:17	00:08:09	00:27:36	00:08:54	00:52:36
380	753	Gilmore	Ryan	M	Open		00:52:53	00:08:32	00:25:12	00:08:08	00:27:41	00:08:56	00:52:30
381	587	Jess	Paul	M	Open		00:52:54	00:08:32	00:24:00	00:07:45	00:28:54	00:09:19	00:52:39
382	54	Henry	Johnston	Male	55+		00:53:00	00:08:33	00:25:18	00:08:10	00:27:42	00:08:56	00:52:45
383	67	Darren	Moan	Male	35+		00:53:01	00:08:33	00:25:41	00:08:17	00:27:20	00:08:49	00:52:40
384	189	Peter	Morgan	Male	35+	East Down AC	00:53:08	00:08:34	00:26:04	00:08:25	00:27:04	00:08:44	00:52:46
385	193	Margaret	Kinnear	Female	50+		00:53:11	00:08:35	00:25:54	00:08:21	00:27:17	00:08:48	00:53:05
386	362	David	Lee	Male	45+		00:53:13	00:08:35	00:26:43	00:08:37	00:26:30	00:08:33	00:52:54
387	94	Sarah	Allonby	Female	35+		00:53:14	00:08:35	00:26:26	00:08:32	00:26:48	00:08:39	00:52:48
388	576	Haddick	Colin	M	60+		00:53:16	00:08:35	00:26:00	00:08:23	00:27:16	00:08:48	00:52:43
389	199	Jonny	Lockhart	Male	35+		00:53:17	00:08:36	00:26:32	00:08:34	00:26:45	00:08:38	00:53:08
390	732	Smyth	Pauline	F	open	Seapark AC	00:53:18	00:08:36	00:26:12	00:08:27	00:27:06	00:08:45	00:52:51
391	229	Gary	O'Rourke	Male	35+		00:53:20	00:08:36	00:24:40	00:07:57	00:28:40	00:09:15	00:53:03
392	285	Hugh	Grant	Male	35+		00:53:21	00:08:36	00:27:26	00:08:51	00:25:55	00:08:22	00:52:53
393	454	Michael	White	Male	open		00:53:21	00:08:36	00:25:46	00:08:19	00:27:35	00:08:54	00:53:04
394	572	Capes	Neil	Male	35+		00:53:22	00:08:36	00:27:29	00:08:52	00:25:53	00:08:21	00:52:48
395	207	Peter	Wilson	Male	35+		00:53:23	00:08:37	00:25:17	00:08:09	00:28:06	00:09:04	00:53:06
396	381	Helen	Hughes	Female	40+	Banbridge A.C.	00:53:23	00:08:37	00:26:57	00:08:42	00:26:26	00:08:32	00:53:02

Pos	Bib	Forename	Surname	Sex	Cat	Club	Finish	MPM	First Half	MPM	Second Half	MPM	Chiptime
397	653	McDowell	Paul	M	35+		00:53:24	00:08:37	00:27:04	00:08:44	00:26:20	00:08:30	00:53:09
398	654	McAllister	Duncan	M	35+		00:53:24	00:08:37	00:27:04	00:08:44	00:26:20	00:08:30	00:53:11
399	765	Chivers	Michael	M	Open		00:53:25	00:08:37	00:25:40	00:08:17	00:27:45	00:08:57	00:53:21
400	694	Jennings	Michael	M	35+		00:53:28	00:08:37	00:25:51	00:08:20	00:27:37	00:08:55	00:53:21
401	673	Coleman	Barry	M	45+		00:53:32	00:08:38	00:25:34	00:08:15	00:27:58	00:09:01	00:53:14
402	162	Chris	Courtney	Male	35+		00:53:34	00:08:38	00:25:46	00:08:19	00:27:48	00:08:58	00:53:21
403	416	Sasha	Lambon	Female	40+		00:53:36	00:08:39	00:26:02	00:08:24	00:27:34	00:08:54	00:53:28
404	264	Joe	McAufield	Male	35+		00:53:37	00:08:39	00:25:25	00:08:12	00:28:12	00:09:06	00:53:29
405	401	Kieran	Fitzsimons	Male	35+	East Down AC	00:53:40	00:08:39	00:27:06	00:08:45	00:26:34	00:08:34	00:53:32
406	594	Johnston	Daniel	M	35+		00:53:40	00:08:39	00:24:25	00:07:53	00:29:15	00:09:26	00:53:32
407	632	Dillon	Padd	M	35+		00:53:40	00:08:39	00:25:09	00:08:07	00:28:31	00:09:12	00:53:29
408	742	McNally	Gerard	M	35+		00:53:44	00:08:40	00:25:11	00:08:07	00:28:33	00:09:13	00:53:34
409	131	Helen	McClements	Female	open		00:53:47	00:08:40	00:26:03	00:08:24	00:27:44	00:08:57	00:53:39
410	615	Ward	Roden	M	60+		00:53:47	00:08:40	00:25:54	00:08:21	00:27:53	00:09:00	00:53:35
411	636	Sproule	Adrian	M	Open	Up and Runners Club	00:53:49	00:08:41	00:27:23	00:08:50	00:26:26	00:08:32	00:53:26
412	206	Ian	Thompson	Male	40+		00:53:51	00:08:41	00:25:43	00:08:18	00:28:08	00:09:05	00:53:39
413	432	Joy	Hegarty	Male	40+		00:53:55	00:08:42	00:26:20	00:08:30	00:27:35	00:08:54	00:53:49
414	496	Gillian	Parker	Female	40+		00:53:55	00:08:42	00:26:21	00:08:30	00:27:34	00:08:54	00:53:49
415	230	Brian	Bennett	Male	40+		00:53:58	00:08:42	00:27:43	00:08:56	00:26:15	00:08:28	00:53:27
416	395	Ian	Watson	Male	45+		00:54:00	00:08:43	00:26:56	00:08:41	00:27:04	00:08:44	00:53:39
417	688	McKee	Elaine	F	35+	Co Antrim Harriers	00:54:00	00:08:43	00:26:44	00:08:37	00:27:16	00:08:48	00:53:43
418	240	Nick	Maxwell	Male	Open		00:54:01	00:08:43	00:26:10	00:08:26	00:27:51	00:08:59	00:53:38
419	234	Steven	Hill	Male	open		00:54:06	00:08:44	00:26:35	00:08:35	00:27:31	00:08:53	00:53:42
420	512	Martin	McGinnis	Male	40+		00:54:11	00:08:44	00:26:59	00:08:42	00:27:12	00:08:46	00:53:48
421	13	David	Lawther	Male	50+		00:54:16	00:08:45	00:26:59	00:08:42	00:27:17	00:08:48	00:53:56
422	226	Lisa	McCarron	Female	Open		00:54:16	00:08:45	00:26:31	00:08:33	00:27:45	00:08:57	00:54:12
423	535	Louise	Friel	Female	40+		00:54:17	00:08:45	00:27:08	00:08:45	00:27:09	00:08:45	00:53:55
424	666	Millar	Mark	M	40+		00:54:20	00:08:46	00:26:48	00:08:39	00:27:32	00:08:53	00:54:05
425	371	Andrea	Thompson	Female	Open		00:54:22	00:08:46	00:27:51	00:08:59	00:26:31	00:08:33	00:53:59
426	122	John	Monaghan	Male	40+		00:54:23	00:08:46	00:26:59	00:08:42	00:27:24	00:08:50	00:53:59
427	787	Flemming-Ovens	Barbara	F	40+		00:54:23	00:08:46	00:26:28	00:08:32	00:27:55	00:09:00	00:54:20
428	260	Tim	Wallace	Male	35+		00:54:27	00:08:47	00:26:24	00:08:31	00:28:03	00:09:03	00:54:06
429	261	Tracie	Wallace	Female	35+		00:54:27	00:08:47	00:26:25	00:08:31	00:28:02	00:09:03	00:54:06
430	396	Colin	Goudy	Male	open		00:54:27	00:08:47	00:26:56	00:08:41	00:27:31	00:08:53	00:54:08
431	174	Sarah	Davidson	Female	35+		00:54:28	00:08:47	00:26:28	00:08:32	00:28:00	00:09:02	00:54:23
432	430	John	Boyle	Male	40+	Dub Runners	00:54:29	00:08:47	00:27:14	00:08:47	00:27:15	00:08:47	00:54:06

Pos	Bib	Forename	Surname	Sex	Cat	Club	Finish	MPM	First Half	MPM	Second Half	MPM	Chiptime
433	483	Paul	Galloway	Male	40+		00:54:29	00:08:47	00:26:44	00:08:37	00:27:45	00:08:57	00:53:53
434	434	Evelyn	Martin	Female	50+	Banbridge A.C.	00:54:30	00:08:47	00:26:57	00:08:42	00:27:33	00:08:53	00:54:09
435	529	Claire	Gilmour	Female	open		00:54:32	00:08:48	00:26:58	00:08:42	00:27:34	00:08:54	00:54:10
436	761	Campbell	Lisa	F	35+		00:54:39	00:08:49	00:27:10	00:08:46	00:27:29	00:08:52	00:54:28
437	271	Christopher	Willis	Male	50+		00:54:45	00:08:50	00:26:30	00:08:33	00:28:15	00:09:07	00:54:26
438	45	Natalie	Davidson	Female	35+	County Antrim Harriers	00:54:48	00:08:50	00:26:46	00:08:38	00:28:02	00:09:03	00:54:29
439	322	Craig	Corsar	Male	Open		00:54:50	00:08:51	00:26:43	00:08:37	00:28:07	00:09:04	00:54:16
440	79	Stephanie	Ralston	Female	Open		00:54:51	00:08:51	00:27:40	00:08:55	00:27:11	00:08:46	00:54:33
441	377	Nathan	Kelly	Male	open		00:54:51	00:08:51	00:25:26	00:08:12	00:29:25	00:09:29	00:54:35
442	185	Aidan	Boyle	Male	open		00:54:53	00:08:51	00:27:25	00:08:51	00:27:28	00:08:52	00:54:41
443	331	John	Megarity	Male	35+		00:54:56	00:08:52	00:25:40	00:08:17	00:29:16	00:09:26	00:54:36
444	490	Clive	Bailie	Male	45+		00:54:57	00:08:52	00:29:12	00:09:25	00:25:45	00:08:18	00:54:19
445	662	McFadden	Christopher	M	Open		00:54:57	00:08:52	00:27:33	00:08:53	00:27:24	00:08:50	00:54:48
446	104	Jonathan	McAllister	Male	45+		00:54:58	00:08:52	00:27:01	00:08:43	00:27:57	00:09:01	00:54:36
447	499	Anne	Quinn	Female	open		00:54:59	00:08:52	00:26:42	00:08:37	00:28:17	00:09:07	00:54:56
448	805	Keenan	Gary	M	40+		00:55:01	00:08:52	00:27:37	00:08:55	00:27:24	00:08:50	00:54:26
449	457	Stuart	Boyd	Male	Open		00:55:03	00:08:53	00:28:57	00:09:20	00:26:06	00:08:25	00:54:36
450	557	Tony	McCusker	Male	Open		00:55:03	00:08:53	00:28:58	00:09:21	00:26:05	00:08:25	00:54:36
451	683	Gillespie	Andrew	M	45+		00:55:05	00:08:53	00:25:49	00:08:20	00:29:16	00:09:26	00:54:53
452	78	Noel	Dickinson	Male	35+		00:55:09	00:08:54	00:28:02	00:09:03	00:27:07	00:08:45	00:54:48
453	195	Paul	McColgan	Male	35+		00:55:09	00:08:54	00:27:39	00:08:55	00:27:30	00:08:52	00:54:40
454	514	Melanie	Caughters	Female	Open		00:55:10	00:08:54	00:28:00	00:09:02	00:27:10	00:08:46	00:54:56
455	406	Adele	Wallace	Female	open		00:55:14	00:08:55	00:26:45	00:08:38	00:28:29	00:09:11	00:54:33
456	730	Gibbs	Suzanne	F	open		00:55:19	00:08:55	00:26:58	00:08:42	00:28:21	00:09:09	00:54:56
457	621	Moore	Fiona	F	Open		00:55:24	00:08:56	00:26:34	00:08:34	00:28:50	00:09:18	00:55:13
458	663	Murray	Kyle	M	Open		00:55:25	00:08:56	00:27:34	00:08:54	00:27:51	00:08:59	00:55:16
459	507	Ryan	Kerr	Male	Open		00:55:32	00:08:57	00:27:50	00:08:59	00:27:42	00:08:56	00:54:53
460	400	Paul	Rogan	Male	40+	East Down AC	00:55:33	00:08:58	00:27:12	00:08:46	00:28:21	00:09:09	00:55:27
461	677	Brown	Simon	M	Open		00:55:34	00:08:58	00:27:12	00:08:46	00:28:22	00:09:09	00:55:25
462	749	McCallum	Denise	F	40+		00:55:34	00:08:58	00:28:02	00:09:03	00:27:32	00:08:53	00:55:12
463	698	Carroll	Alison	F	45+		00:55:35	00:08:58	00:27:41	00:08:56	00:27:54	00:09:00	00:55:16
464	723	O'Neill	Roisin	F	35+		00:55:36	00:08:58	00:27:17	00:08:48	00:28:19	00:09:08	00:55:32
465	775	Brownlie	Desmond	M	60+		00:55:39	00:08:59	00:25:45	00:08:18	00:29:54	00:09:39	00:55:36
466	478	Paul	Gruhn	Male	open	Dub Runners	00:55:40	00:08:59	00:26:33	00:08:34	00:29:07	00:09:24	00:55:26
467	33	James	MacFarlane	Male	open		00:55:42	00:08:59	00:26:18	00:08:29	00:29:24	00:09:29	00:55:19
468	109	Brendan	Mallon	Male	open		00:55:46	00:09:00	00:26:32	00:08:34	00:29:14	00:09:26	00:55:34

Pos	Bib	Forename	Surname	Sex	Cat	Club	Finish	MPM	First Half	MPM	Second Half	MPM	Chiptime
469	538	Julie	Dickson	Female	open		00:55:48	00:09:00	00:27:59	00:09:02	00:27:49	00:08:58	00:55:40
470	510	Hugh	Harrison	Male	40+		00:55:52	00:09:01	00:28:45	00:09:16	00:27:07	00:08:45	00:55:25
471	447	Cathy	Adamson	Female	35+		00:55:53	00:09:01	00:28:00	00:09:02	00:27:53	00:09:00	00:55:20
472	803	Beattie	Alison	F	35+		00:55:53	00:09:01	00:28:00	00:09:02	00:27:53	00:09:00	00:55:20
473	505	Raymond	Whiteway	Male	45+		00:55:54	00:09:01	00:28:45	00:09:16	00:27:09	00:08:45	00:55:27
474	549	Stewart	Rowley	Male	35+		00:55:54	00:09:01	00:25:42	00:08:17	00:30:12	00:09:45	00:55:46
475	451	Phil	Annette	Male	open		00:55:56	00:09:01	00:27:49	00:08:58	00:28:07	00:09:04	00:55:24
476	461	Aine	Walsh	Female	Open		00:55:59	00:09:02	00:26:50	00:08:39	00:29:09	00:09:24	00:55:56
477	439	Brendan	Lalor	Male	35+		00:56:00	00:09:02	00:28:02	00:09:03	00:27:58	00:09:01	00:55:31
478	277	Tessa	Cairns	Female	Open		00:56:05	00:09:03	00:27:27	00:08:51	00:28:38	00:09:14	00:55:49
479	351	Lisa	Burns	Female	open		00:56:05	00:09:03	00:27:35	00:08:54	00:28:30	00:09:12	00:55:54
480	699	Vogan	Jeffrey	M	45+		00:56:06	00:09:03	00:27:59	00:09:02	00:28:07	00:09:04	00:55:23
481	324	Gary	McDowell	Male	50+	Livlife NI	00:56:07	00:09:03	00:28:45	00:09:16	00:27:22	00:08:50	00:55:23
482	796	Elliott	Colin	M	Open		00:56:08	00:09:03	00:26:13	00:08:27	00:29:55	00:09:39	00:55:58
483	446	Delwyn	Warke	Male	open		00:56:15	00:09:04	00:27:17	00:08:48	00:28:58	00:09:21	00:55:53
484	39	Karen	Bolleboom	Female	35+		00:56:17	00:09:05	00:28:33	00:09:13	00:27:44	00:08:57	00:56:04
485	53	Gareth	Chambers	Male	open		00:56:17	00:09:05	00:26:52	00:08:40	00:29:25	00:09:29	00:56:10
486	258	Lisa	Leonard	Female	35+		00:56:17	00:09:05	00:26:47	00:08:38	00:29:30	00:09:31	00:56:13
487	222	Stephen	Cardosi	Male	40+	Dromore AC	00:56:26	00:09:06	00:27:41	00:08:56	00:28:45	00:09:16	00:55:56
488	183	Naomi	Murphy	Female	open		00:56:29	00:09:07	00:27:44	00:08:57	00:28:45	00:09:16	00:56:09
489	442	Jan	Boyle	Female	35+		00:56:29	00:09:07	00:27:18	00:08:48	00:29:11	00:09:25	00:56:18
490	443	Paul	Boyle	Male	35+		00:56:31	00:09:07	00:27:19	00:08:49	00:29:12	00:09:25	00:56:20
491	254	Sean	Devlin	Male	45+		00:56:32	00:09:07	00:27:15	00:08:47	00:29:17	00:09:27	00:56:29
492	808	McMullan	Paul	M	35+		00:56:32	00:09:07	00:27:15	00:08:47	00:29:17	00:09:27	00:56:29
493	570	Gareth	Johnston	Male	35+		00:56:41	00:09:09	00:27:36	00:08:54	00:29:05	00:09:23	00:56:12
494	18	Mark	McCartney	Male	open		00:56:46	00:09:09	00:28:41	00:09:15	00:28:05	00:09:04	00:56:15
495	623	O'Hara	Ray	M	open		00:56:46	00:09:09	00:28:41	00:09:15	00:28:05	00:09:04	00:56:15
496	57	Chris	Moore	Male	open		00:56:47	00:09:10	00:27:46	00:08:57	00:29:01	00:09:22	00:56:37
497	298	Jacqueline	McKeown	Female	40+		00:56:53	00:09:10	00:28:46	00:09:17	00:28:07	00:09:04	00:56:36
498	140	John	McAllister	Male	Open		00:57:01	00:09:12	00:27:03	00:08:44	00:29:58	00:09:40	00:56:39
499	249	Brian	Hanvey	Male	55+		00:57:02	00:09:12	00:27:52	00:08:59	00:29:10	00:09:25	00:56:37
500	565	Robert	Magowan	Male	Open		00:57:04	00:09:12	00:29:52	00:09:38	00:27:12	00:08:46	00:56:45
501	460	David	Moorison	Male	Open		00:57:06	00:09:13	00:28:37	00:09:14	00:28:29	00:09:11	00:56:07
502	29	Jonathan	Maxwell	Male	open		00:57:07	00:09:13	00:28:39	00:09:15	00:28:28	00:09:11	00:56:30
503	786	McClenaghan	Chris	M	Open		00:57:08	00:09:13	00:27:16	00:08:48	00:29:52	00:09:38	00:56:47
504	40	Lesley	Lloyd	Female	40+		00:57:10	00:09:13	00:28:33	00:09:13	00:28:37	00:09:14	00:56:57

Pos	Bib	Forename	Surname	Sex	Cat	Club	Finish	MPM	First Half	MPM	Second Half	MPM	Chiptime
505	674	Carse	David	M	50+		00:57:17	00:09:14	00:29:00	00:09:21	00:28:17	00:09:07	00:56:33
506	418	David	Martin	Male	55+		00:57:21	00:09:15	00:27:12	00:08:46	00:30:09	00:09:44	00:57:18
507	14	Darren	Lawless	Male	35+		00:57:23	00:09:15	00:28:30	00:09:12	00:28:53	00:09:19	00:57:07
508	15	Colin	Hughes	Male	open		00:57:25	00:09:16	00:28:30	00:09:12	00:28:55	00:09:20	00:57:10
509	472	Adrian	Colmer	Male	35+		00:57:29	00:09:16	00:28:44	00:09:16	00:28:45	00:09:16	00:56:53
510	534	Jonathan	Eakin	Male	40+		00:57:31	00:09:17	00:28:56	00:09:20	00:28:35	00:09:13	00:57:04
511	498	Philip	Donnelly	Male	35+		00:57:33	00:09:17	00:29:32	00:09:32	00:28:01	00:09:02	00:56:55
512	751	Moore	Anna	F	Open		00:57:36	00:09:17	00:27:58	00:09:01	00:29:38	00:09:34	00:57:25
513	714	Bell	Michael	M	Open		00:57:40	00:09:18	00:27:34	00:08:54	00:30:06	00:09:43	00:57:02
514	436	Peter	Gibson	Male	45+		00:57:56	00:09:21	00:29:32	00:09:32	00:28:24	00:09:10	00:57:18
515	495	Moses	Matovu	Male	open		00:57:58	00:09:21	00:27:01	00:08:43	00:30:57	00:09:59	00:57:34
516	773	Dorman	Karl	M	Open		00:58:04	00:09:22	00:29:24	00:09:29	00:28:40	00:09:15	00:57:51
517	776	Loughrey	Clodagh	F	45+		00:58:08	00:09:23	00:29:34	00:09:32	00:28:34	00:09:13	00:57:40
518	58	Ruth	Moore	Female	open		00:58:10	00:09:23	00:27:48	00:08:58	00:30:22	00:09:48	00:58:00
519	177	Gillian	Hewitt	Female	35+		00:58:12	00:09:23	00:29:22	00:09:28	00:28:50	00:09:18	00:57:35
520	212	David	Rainey	Male	50+		00:58:13	00:09:23	00:28:12	00:09:06	00:30:01	00:09:41	00:57:56
521	762	Matchett	Gordon	M	40+		00:58:13	00:09:23	00:29:56	00:09:39	00:28:17	00:09:07	00:57:48
522	693	Nelson	John	M	40+		00:58:18	00:09:24	00:27:22	00:08:50	00:30:56	00:09:59	00:57:49
523	543	Gerard	King	Male	35+		00:58:27	00:09:26	00:28:55	00:09:20	00:29:32	00:09:32	00:58:16
524	61	Wendy	Scott	Female	open		00:58:30	00:09:26	00:29:05	00:09:23	00:29:25	00:09:29	00:58:15
525	126	Ceri	Elliott	Female	open		00:58:31	00:09:26	00:30:38	00:09:53	00:27:53	00:09:00	00:57:56
526	127	Kimberley	Wroblewski	Female	35+		00:58:31	00:09:26	00:30:38	00:09:53	00:27:53	00:09:00	00:57:57
527	164	Mark	Roberts	Male	open		00:58:32	00:09:26	00:29:33	00:09:32	00:28:59	00:09:21	00:58:07
528	422	Mervyn	Kinney	Male	50+		00:58:32	00:09:26	00:29:45	00:09:36	00:28:47	00:09:17	00:58:06
529	363	Cathie	Brotherston	Female	Open		00:58:35	00:09:27	00:27:59	00:09:02	00:30:36	00:09:52	00:58:26
530	159	Susan	Thompson	Female	40+		00:58:37	00:09:27	00:28:47	00:09:17	00:29:50	00:09:37	00:57:54
531	157	Kevin	Corrigan	Male	35+		00:58:38	00:09:27	00:30:40	00:09:54	00:27:58	00:09:01	00:57:59
532	601	Scott	John	M	open		00:58:39	00:09:28	00:29:30	00:09:31	00:29:09	00:09:24	00:58:14
533	504	Lynda	Robinson	Female	40+		00:58:42	00:09:28	00:29:23	00:09:29	00:29:19	00:09:27	00:58:20
534	41	Andrew	Thomson	Male	35+		00:58:43	00:09:28	00:29:33	00:09:32	00:29:10	00:09:25	00:57:58
535	256	Roy	Spalding	Male	60+		00:58:46	00:09:29	00:28:37	00:09:14	00:30:09	00:09:44	00:58:30
536	107	Gary	Martin	Male	35+		00:58:47	00:09:29	00:30:44	00:09:55	00:28:03	00:09:03	00:58:07
537	503	Linda	Martin	Female	45+		00:58:48	00:09:29	00:29:23	00:09:29	00:29:25	00:09:29	00:58:26
538	629	McCambridge	Frances	F	open		00:58:48	00:09:29	00:28:53	00:09:19	00:29:55	00:09:39	00:58:44
539	130	Lesley	Dobie	Female	open		00:58:49	00:09:29	00:29:23	00:09:29	00:29:26	00:09:30	00:58:28
540	766	Pryce	Irwin	M	Open		00:58:49	00:09:29	00:26:34	00:08:34	00:32:15	00:10:24	00:58:45

Pos	Bib	Forename	Surname	Sex	Cat	Club	Finish	MPM	First Half	MPM	Second Half	MPM	Chiptime
541	691	Thompson	Nicola	F	40+		00:58:55	00:09:30	00:28:44	00:09:16	00:30:11	00:09:44	00:58:38
542	692	McMaster	Corinne	F	50+		00:58:55	00:09:30	00:28:44	00:09:16	00:30:11	00:09:44	00:58:39
543	608	Cotter	Andy	M	Open		00:58:56	00:09:30	00:29:30	00:09:31	00:29:26	00:09:30	00:58:30
544	743	McNally	Adele	F	35+		00:58:58	00:09:31	00:28:41	00:09:15	00:30:17	00:09:46	00:58:47
545	30	Paul	Moore	Male	45+		00:58:59	00:09:31	00:29:14	00:09:26	00:29:45	00:09:36	00:58:30
546	772	Dorman	Oliva	F	Open		00:59:02	00:09:31	00:29:27	00:09:30	00:29:35	00:09:33	00:58:48
547	509	Keith	Cardy	Male	35+		00:59:03	00:09:31	00:29:55	00:09:39	00:29:08	00:09:24	00:58:37
548	134	Elsie	Colmer	Female	50+	Nomads	00:59:06	00:09:32	00:28:44	00:09:16	00:30:22	00:09:48	00:59:06
549	228	Neil	Martin	Male	Open		00:59:10	00:09:33	00:30:03	00:09:42	00:29:07	00:09:24	00:58:27
550	664	Bothwell	Alan	M	Open		00:59:10	00:09:33	00:28:49	00:09:18	00:30:21	00:09:47	00:59:00
551	659	McKeown	Conor	M	35+		00:59:11	00:09:33	00:29:13	00:09:25	00:29:58	00:09:40	00:58:36
552	184	Janet	Toal	Female	40+		00:59:14	00:09:33	00:29:46	00:09:36	00:29:28	00:09:30	00:58:47
553	186	Gemma	Smyth	Female	45+		00:59:14	00:09:33	00:29:46	00:09:36	00:29:28	00:09:30	00:58:46
554	467	Sarah	Walker	Female	Open		00:59:18	00:09:34	00:28:46	00:09:17	00:30:32	00:09:51	00:59:08
555	745	Lennon	Richard	M	open		00:59:22	00:09:35	00:27:48	00:08:58	00:31:34	00:10:11	00:59:18
556	316	Emma Jane	Mawhinney	Female	Open		00:59:23	00:09:35	00:28:34	00:09:13	00:30:49	00:09:56	00:59:09
557	639	Regan	Eileen	F	open	Up and Runners Club	00:59:29	00:09:36	00:28:47	00:09:17	00:30:42	00:09:54	00:59:10
558	83	Richard	Corbett	Male	35+		00:59:31	00:09:36	00:27:56	00:09:01	00:31:35	00:10:11	00:59:24
559	553	Keith	Porter	Male	45+		00:59:31	00:09:36	00:27:56	00:09:01	00:31:35	00:10:11	00:59:25
560	91	Tom	Xavier	Male	Open		00:59:44	00:09:38	00:29:34	00:09:32	00:30:10	00:09:44	00:59:14
561	292	Diane	McElrath	Female	45+		00:59:48	00:09:39	00:28:46	00:09:17	00:31:02	00:10:01	00:59:30
562	486	Ryan	Loughnan	Male	open		00:59:52	00:09:39	00:29:17	00:09:27	00:30:35	00:09:52	00:59:25
563	579	Green	Harry	M	70+		00:59:55	00:09:40	00:29:29	00:09:31	00:30:26	00:09:49	00:59:32
564	267	Gillian	Hanna	Female	35+	County Antrim Harriers	00:59:58	00:09:40	00:29:10	00:09:25	00:30:48	00:09:56	00:59:40
565	379	Judith	Liddle	Female	open		01:00:03	00:09:41	00:29:08	00:09:24	00:30:55	00:09:58	00:59:51
566	784	Canny	Claire	F	35+		01:00:03	00:09:41	00:29:28	00:09:30	00:30:35	00:09:52	00:59:46
567	713	Francis	Hannah	F	Open		01:00:06	00:09:42	00:27:42	00:08:56	00:32:24	00:10:27	01:00:02
568	771	Brooks	Emma	F	Open		01:00:09	00:09:42	00:29:27	00:09:30	00:30:42	00:09:54	00:59:56
569	630	Killick	Campbell	M	40+	Up and Runners Club	01:00:14	00:09:43	00:30:00	00:09:41	00:30:14	00:09:45	00:59:59
570	770	Patterson	Amanda	F	50+		01:00:14	00:09:43	00:29:14	00:09:26	00:31:00	00:10:00	00:59:59
571	463	Violet	Davidson	Female	60+	Marine Marauders	01:00:18	00:09:44	00:28:45	00:09:16	00:31:33	00:10:11	01:00:14
572	89	Gary	Alexander	Male	35+		01:00:19	00:09:44	00:31:09	00:10:03	00:29:10	00:09:25	01:00:07
573	176	Aaron	Hewitt	Male	35+		01:00:19	00:09:44	00:29:26	00:09:30	00:30:53	00:09:58	00:59:41
574	335	Mark	McCormick	Male	35+		01:00:20	00:09:44	00:29:11	00:09:25	00:31:09	00:10:03	00:59:59
575	63	Geoff	Thompson	Male	open		01:00:21	00:09:44	00:28:43	00:09:16	00:31:38	00:10:12	01:00:12
576	144	Judith	Gillespie	Female	45+		01:00:26	00:09:45	00:29:44	00:09:35	00:30:42	00:09:54	01:00:09



Pos	Bib	Forename	Surname	Sex	Cat	Club	Finish	MPM	First Half	MPM	Second Half	MPM	Chiptime
577	779	Coulter	Stephanie	F	Open		01:00:27	00:09:45	00:30:13	00:09:45	00:30:14	00:09:45	01:00:15
578	781	Sullivan	Amanda	F	Open		01:00:27	00:09:45	00:30:12	00:09:45	00:30:15	00:09:45	01:00:14
579	246	David	McMillan	Male	45+		01:00:32	00:09:46	00:30:42	00:09:54	00:29:50	00:09:37	00:59:59
580	248	Gail	McMillan	Female	45+		01:00:32	00:09:46	00:30:43	00:09:55	00:29:49	00:09:37	00:59:59
581	360	Debbie	Atkinson	Female	open		01:00:32	00:09:46	00:30:46	00:09:55	00:29:46	00:09:36	01:00:09
582	304	Patricia	Marsh	Female	45+		01:00:35	00:09:46	00:29:47	00:09:36	00:30:48	00:09:56	01:00:11
583	77	Jan	Mairs	Female	35+		01:00:40	00:09:47	00:30:28	00:09:50	00:30:12	00:09:45	01:00:08
584	84	Richard	Brown	Male	Open		01:00:40	00:09:47	00:30:28	00:09:50	00:30:12	00:09:45	01:00:08
585	282	Cathy	Robson	Female	40+		01:00:41	00:09:47	00:29:00	00:09:21	00:31:41	00:10:13	01:00:29
586	92	Darwin	Chu	Male	Open	Up & Runners	01:00:55	00:09:50	00:30:33	00:09:51	00:30:22	00:09:48	01:00:37
587	560	Michael	Floyd	Male	60+	Duncairn Nomads	01:01:27	00:09:55	00:30:16	00:09:46	00:31:11	00:10:04	01:01:14
588	410	Julie	Tweedie	Female	35+		01:01:40	00:09:57	00:30:43	00:09:55	00:30:57	00:09:59	01:01:11
589	419	Debbie	Tew	Female	Open		01:01:40	00:09:57	00:30:44	00:09:55	00:30:56	00:09:59	01:01:11
590	169	Alicia	Murphy	Female	open		01:01:46	00:09:58	00:28:47	00:09:17	00:32:59	00:10:38	01:01:25
591	210	Michael	Brown	Male	35+		01:01:48	00:09:58	00:30:56	00:09:59	00:30:52	00:09:57	01:01:07
592	156	Rosemary	McNicholl	Female	Open	Dub Runners	01:01:50	00:09:58	00:30:46	00:09:55	00:31:04	00:10:01	01:01:31
593	383	Christopher	Davidson	Male	55+		01:01:51	00:09:59	00:31:15	00:10:05	00:30:36	00:09:52	01:01:15
594	372	Catherine	Laverty	Female	Open		01:01:54	00:09:59	00:31:38	00:10:12	00:30:16	00:09:46	01:01:31
595	394	Amy	Adair	Female	open		01:01:54	00:09:59	00:31:38	00:10:12	00:30:16	00:09:46	01:01:31
596	55	Ian	Scutt	Male	35+		01:01:55	00:09:59	00:29:02	00:09:22	00:32:53	00:10:36	01:01:33
597	790	McKinley	John	M	50+		01:01:58	00:10:00	00:31:17	00:10:05	00:30:41	00:09:54	01:01:41
598	558	Jill	Scott	Female	35+		01:01:59	00:10:00	00:31:12	00:10:04	00:30:47	00:09:56	01:01:43
599	707	Convey	Frederick	M	35+		01:02:00	00:10:00	00:30:54	00:09:58	00:31:06	00:10:02	01:01:20
600	798	Mawhinney	David	M	Open		01:02:00	00:10:00	00:28:51	00:09:18	00:33:09	00:10:42	01:01:25
601	74	Jenny	Philpott	Female	Open		01:02:03	00:10:00	00:30:41	00:09:54	00:31:22	00:10:07	01:01:28
602	330	Liane	Robinson	Female	open		01:02:04	00:10:01	00:30:37	00:09:53	00:31:27	00:10:09	01:01:53
603	508	Jane	Reaney	Female	Open		01:02:08	00:10:01	00:30:47	00:09:56	00:31:21	00:10:07	01:01:57
604	173	Rachel	Shields	Female	Open		01:02:17	00:10:03	00:31:00	00:10:00	00:31:17	00:10:05	01:01:41
605	444	Paddy	McGrattan	Male	40+	North Down A.C.	01:02:19	00:10:03	00:30:23	00:09:48	00:31:56	00:10:18	01:01:38
606	789	McMullen	Stefanie	F	Open		01:02:22	00:10:04	00:31:50	00:10:16	00:30:32	00:09:51	01:01:44
607	734	McCracken	Kerry	F	open		01:02:24	00:10:04	00:31:42	00:10:14	00:30:42	00:09:54	01:02:00
608	86	Fiona	McAvoy	Female	40+		01:02:29	00:10:05	00:30:43	00:09:55	00:31:46	00:10:15	01:02:05
609	180	Joanna	Graham	Female	35+		01:02:34	00:10:05	00:30:41	00:09:54	00:31:53	00:10:17	01:02:00
610	25	David	Johnson	Male	40+		01:02:38	00:10:06	00:30:15	00:09:45	00:32:23	00:10:27	01:02:06
611	358	Beverley	Atkinson	Female	40+	North Down A.C.	01:02:47	00:10:08	00:31:35	00:10:11	00:31:12	00:10:04	01:02:30
612	217	Carrie	Brown	Female	open		01:02:48	00:10:08	00:30:59	00:10:00	00:31:49	00:10:16	12:04:42

Pos	Bib	Forename	Surname	Sex	Cat	Club	Finish	MPM	First Half	MPM	Second Half	MPM	Chiptime
613	357	Ian	Atkinson	Male	40+	North Down A.C.	01:02:48	00:10:08	00:31:34	00:10:11	00:31:14	00:10:05	01:02:31
614	559	Lynn	Noble	Female	35+		01:02:48	00:10:08	00:31:35	00:10:11	00:31:13	00:10:04	01:02:33
615	778	Simpson	Lucy	F	50+		01:02:50	00:10:08					01:02:39
616	452	Geoff	McFarland	Male	open		01:02:56	00:10:09	00:28:48	00:09:17	00:34:08	00:11:01	01:02:23
617	133	Christine	Devenny	Female	40+		01:03:02	00:10:10	00:31:27	00:10:09	00:31:35	00:10:11	01:02:37
618	145	Samantha	Fisher	Female	35+		01:03:17	00:10:12	00:30:37	00:09:53	00:32:40	00:10:32	01:02:56
619	352	Paula	Bolton	Female	open		01:03:20	00:10:13	00:31:21	00:10:07	00:31:59	00:10:19	01:02:57
620	161	Lindsay	Damkat-Thomas	Female	open		01:03:31	00:10:15	00:29:52	00:09:38	00:33:39	00:10:51	01:03:06
621	413	Wendy	Moore	Female	35+		01:03:31	00:10:15	00:30:42	00:09:54	00:32:49	00:10:35	01:03:14
622	148	Brownlee	McWilliams	Male	Open		01:03:33	00:10:15	00:29:35	00:09:33	00:33:58	00:10:57	01:03:10
623	502	Vicki	Hawthorne	Female	open		01:03:39	00:10:16	00:32:04	00:10:21	00:31:35	00:10:11	01:03:12
624	350	Paul	Taylor	Male	40+		01:03:40	00:10:16	00:32:04	00:10:21	00:31:36	00:10:12	01:03:13
625	488	Claire	Halford	Female	open		01:03:41	00:10:16	00:31:29	00:10:09	00:32:12	00:10:23	01:03:34
626	591	Monaghan	Darren	M	35+		01:03:42	00:10:16	00:31:24	00:10:08	00:32:18	00:10:25	01:03:22
627	121	Andrew	Mills	Male	35+		01:03:46	00:10:17	00:31:09	00:10:03	00:32:37	00:10:31	01:03:33
628	268	Deborah	Mingout	Female	Open		01:03:54	00:10:18	00:31:06	00:10:02	00:32:48	00:10:35	01:03:26
629	701	Tunnan	Belinda	F	40+		01:04:05	00:10:20	00:29:58	00:09:40	00:34:07	00:11:00	01:03:46
630	542	Gary	Smylie	Male	40+		01:04:08	00:10:21	00:31:32	00:10:10	00:32:36	00:10:31	01:03:35
631	645	Monaghan	Helen	F	open		01:04:08	00:10:21	00:30:54	00:09:58	00:33:14	00:10:43	01:03:53
632	21	Dave	Allen	Male	open		01:04:09	00:10:21	00:30:44	00:09:55	00:33:25	00:10:47	01:03:54
633	646	Duncan	Fraser	M	open		01:04:09	00:10:21	00:30:52	00:09:57	00:33:17	00:10:44	01:03:53
634	80	Lisa	Smith	Female	35+		01:04:10	00:10:21	00:31:47	00:10:15	00:32:23	00:10:27	01:03:45
635	450	Valerie	Lyons	Female	50+		01:04:27	00:10:24	00:31:20	00:10:06	00:33:07	00:10:41	01:04:26
636	90	Joyce	Nickell	Female	35+		01:04:33	00:10:25	00:30:21	00:09:47	00:34:12	00:11:02	01:04:18
637	227	Nick	Rafferty	Male	45+		01:04:34	00:10:25	00:31:50	00:10:16	00:32:44	00:10:34	01:04:19
638	755	Close	Anne Marie	F	Open		01:04:36	00:10:25	00:32:02	00:10:20	00:32:34	00:10:30	01:03:53
639	315	Jenny	McGarvey	Female	Open		01:04:38	00:10:25	00:32:01	00:10:20	00:32:37	00:10:31	01:04:25
640	152	Carly	Matier	Female	Open		01:05:00	00:10:29	00:31:44	00:10:14	00:33:16	00:10:44	01:04:35
641	293	Catherine	Woods	Female	open	East Down AC	01:05:00	00:10:29	00:30:29	00:09:50	00:34:31	00:11:08	01:04:51
642	480	Elizabeth	Rolleston	Female	40+		01:05:00	00:10:29	00:31:30	00:10:10	00:33:30	00:10:48	01:04:31
643	533	Kathryn	Balfour	Female	40+		01:05:00	00:10:29	00:31:30	00:10:10	00:33:30	00:10:48	01:04:31
644	153	Oonagh	Donaghy	Female	Open		01:05:01	00:10:29	00:31:44	00:10:14	00:33:17	00:10:44	01:04:35
645	458	Claire	McAlinden	Female	Open		01:05:01	00:10:29	00:31:57	00:10:18	00:33:04	00:10:40	01:04:34
646	272	Andrew	Cheung	Male	35+		01:05:09	00:10:30	00:30:20	00:09:47	00:34:49	00:11:14	01:04:59
647	411	Ruth	Dines	Female	Open		01:05:12	00:10:31	00:30:44	00:09:55	00:34:28	00:11:07	01:04:44
648	800	Cooney	Zoe	F	Open		01:05:12	00:10:31	00:30:44	00:09:55	00:34:28	00:11:07	01:04:44

Pos	Bib	Forename	Surname	Sex	Cat	Club	Finish	MPM	First Half	MPM	Second Half	MPM	Chiptime
649	216	Margaret	Brown	Female	50+		01:05:27	00:10:33	00:31:27	00:10:09	00:34:00	00:10:58	01:05:14
650	68	Martin	McMullan	Male	50+		01:05:33	00:10:34	00:32:53	00:10:36	00:32:40	00:10:32	01:04:57
651	788	Kelly	Emer	F	Open		01:05:36	00:10:35	00:31:52	00:10:17	00:33:44	00:10:53	01:04:58
652	388	Norman	Mawhinney	Male	60+		01:05:37	00:10:35	00:32:02	00:10:20	00:33:35	00:10:50	01:04:55
653	389	Frances	Conlan	Female	55+		01:05:37	00:10:35	00:32:03	00:10:20	00:33:34	00:10:50	01:04:55
654	369	Nicky	Alexander	Female	35+		01:05:48	00:10:37	00:32:25	00:10:27	00:33:23	00:10:46	01:05:13
655	426	Tracey	Campton	Female	40+		01:05:48	00:10:37	00:32:25	00:10:27	00:33:23	00:10:46	01:05:13
656	577	Gethins	Grainne	F	35+		01:06:02	00:10:39	00:33:52	00:10:55	00:32:10	00:10:23	01:05:43
657	578	Crawford	Nigel	M	40+		01:06:02	00:10:39	00:33:51	00:10:55	00:32:11	00:10:23	01:05:43
658	275	Claire	MacDonald	Female	Open		01:06:03	00:10:39	00:32:02	00:10:20	00:34:01	00:10:58	01:05:51
659	120	Teresa	Dunlop	Female	40+		01:06:25	00:10:43	00:33:50	00:10:55	00:32:35	00:10:31	01:05:41
660	582	Rose	David	M	45+		01:06:28	00:10:43	00:32:07	00:10:22	00:34:21	00:11:05	01:06:08
661	637	Browne	Julie	F	open	Shandon Drive Striders	01:06:31	00:10:44	00:31:54	00:10:17	00:34:37	00:11:10	01:06:00
662	638	Cochrane	Kathryn	F	open	Shandon Drive Striders	01:06:31	00:10:44	00:31:55	00:10:18	00:34:36	00:11:10	01:06:01
663	111	Nathan	Mount	Male	open		01:06:42	00:10:45	00:33:02	00:10:39	00:33:40	00:10:52	01:06:17
664	403	Frank	Metcalfe	Male	60+		01:06:57	00:10:48	00:33:14	00:10:43	00:33:43	00:10:53	01:06:37
665	687	Martindale	Julie-Ann	F	Open		01:07:00	00:10:48	00:32:00	00:10:19	00:35:00	00:11:17	01:06:49
666	355	Stephen	McGarrigle	Male	open		01:07:07	00:10:50	00:33:12	00:10:43	00:33:55	00:10:56	01:06:54
667	338	Maura	McCallion	Female	35+		01:07:11	00:10:50	00:33:43	00:10:53	00:33:28	00:10:48	01:06:27
668	466	Nichola	Monk	Female	Open		01:07:15	00:10:51	00:32:38	00:10:32	00:34:37	00:11:10	01:06:37
669	20	Jennifer	Allen	Female	35+		01:07:26	00:10:53	00:32:37	00:10:31	00:34:49	00:11:14	01:07:11
670	19	Juie	Hein	Female	35+		01:07:27	00:10:53	00:32:38	00:10:32	00:34:49	00:11:14	01:07:11
671	101	John	Mercer	Male	35+		01:07:28	00:10:53	00:33:50	00:10:55	00:33:38	00:10:51	01:06:41
672	75	Gary	Lyons	Male	40+		01:07:31	00:10:53	00:31:23	00:10:07	00:36:08	00:11:39	01:06:58
673	414	Sandra	McGifford	Female	40+		01:07:45	00:10:56	00:32:24	00:10:27	00:35:21	00:11:24	01:07:29
674	124	Muire	Grant	Female	40+		01:07:46	00:10:56	00:32:51	00:10:36	00:34:55	00:11:16	01:07:18
675	402	Katherine	Metcalfe	Female	open		01:07:46	00:10:56	00:33:15	00:10:44	00:34:31	00:11:08	01:07:26
676	251	Justine	Glasgow	Female	35+		01:08:00	00:10:58	00:34:53	00:11:15	00:33:07	00:10:41	01:07:34
677	28	Tania	Kelly-Baker	Female	open	Up & Runners	01:08:04	00:10:59	00:33:17	00:10:44	00:34:47	00:11:13	01:07:46
678	783	Luckini	Melinda	F	Open		01:08:41	00:11:05	00:32:29	00:10:29	00:36:12	00:11:41	01:08:26
679	386	Glen	Jordan	Male	40+		01:09:15	00:11:10	00:34:03	00:10:59	00:35:12	00:11:21	01:08:42
680	492	Julie	Monaghan	Female	open		01:09:15	00:11:10	00:33:31	00:10:49	00:35:44	00:11:32	01:08:55
681	491	Nicola	Todd	Female	open		01:09:16	00:11:10	00:33:31	00:10:49	00:35:45	00:11:32	01:08:56
682	521	Andrew	Magowan	Male	Open		01:09:34	00:11:13	00:33:38	00:10:51	00:35:56	00:11:35	01:09:19
683	493	Charmian	Corbett	Female	open		01:09:37	00:11:14	00:33:41	00:10:52	00:35:56	00:11:35	01:09:10
684	736	Belshaw	Richard	M	60+	North Down A.C.	01:09:48	00:11:15	00:34:30	00:11:08	00:35:18	00:11:23	01:09:28

Pos	Bib	Forename	Surname	Sex	Cat	Club	Finish	MPM	First Half	MPM	Second Half	MPM	Chiptime
685	138	Mark	Larmour	Male	40+		01:09:53	00:11:16	00:33:44	00:10:53	00:36:09	00:11:40	01:09:41
686	118	Jenny	Glasgow	Female	open		01:10:02	00:11:18	00:33:44	00:10:53	00:36:18	00:11:43	01:09:23
687	801	McCullough	Melissa	F	Open		01:10:03	00:11:18	00:34:11	00:11:02	00:35:52	00:11:34	01:09:36
688	802	Pittaway	Claire	F	Open		01:10:03	00:11:18	00:35:01	00:11:18	00:35:02	00:11:18	01:09:35
689	237	Patrick	Toms	Male	70+		01:10:09	00:11:19	00:33:46	00:10:54	00:36:23	00:11:44	01:09:39
690	348	Lindsey	Morrow	Female	open		01:10:59	00:11:27	00:34:56	00:11:16	00:36:03	00:11:38	01:10:32
691	522	Gary	Irwin	Male	45+		01:10:59	00:11:27	00:33:40	00:10:52	00:37:19	00:12:02	01:10:14
692	523	Jill	Irwin	Female	open		01:10:59	00:11:27	00:33:40	00:10:52	00:37:19	00:12:02	01:10:43
693	777	McGrath	Zoe Lynn	F	Open		01:10:59	00:11:27	00:34:00	00:10:58	00:36:59	00:11:56	01:10:47
694	175	Maria	Somers	Female	Open		01:11:55	00:11:36	00:34:34	00:11:09	00:37:21	00:12:03	01:11:36
695	349	Louise	Stewart	Female	open		01:12:44	00:11:44	00:35:28	00:11:26	00:37:16	00:12:01	01:12:17
696	269	Richard	Wilson	Male	Open		01:13:02	00:11:47	00:35:24	00:11:25	00:37:38	00:12:08	01:12:25
697	469	Lizzie	Gilmour	Female	55+		01:13:08	00:11:48	00:34:05	00:11:00	00:39:03	00:12:36	01:12:59
698	136	Lynda	Blackmore	Female	40+		01:13:09	00:11:48	00:35:03	00:11:18	00:38:06	00:12:17	01:12:42
699	233	Nancy	Magrath	Female	40+		01:13:17	00:11:49	00:34:57	00:11:16	00:38:20	00:12:22	01:13:05
700	415	Jennifer	Bush	Female	Open		01:14:23	00:12:00	00:34:05	00:11:00	00:40:18	00:13:00	01:14:15
701	603	Corish	Michael	M	open		01:15:19	00:12:09	00:28:36	00:09:14	00:46:43	00:15:04	01:14:56
702	326	Michael	Spotswood	Male	70+	Duncairn Nomads	01:15:53	00:12:14	00:35:58	00:11:36	00:39:55	00:12:53	01:15:40
703	327	Eileen	Montgomery	Female	35+		01:15:53	00:12:14	00:35:58	00:11:36	00:39:55	00:12:53	01:15:40
704	725	Denvir	Francis	M	45+		01:15:54	00:12:15	00:35:59	00:11:36	00:39:55	00:12:53	01:15:40
705	425	Rita	Ebbinghaus	Female	open		01:17:36	00:12:31	00:37:19	00:12:02	00:40:17	00:13:00	01:17:22
706	456	Susie	Hamilton	Female	open		01:17:36	00:12:31	00:37:19	00:12:02	00:40:17	00:13:00	01:17:23
707	468	Lizzie	Scott	Female	Open		01:17:52	00:12:34	00:36:58	00:11:55	00:40:54	00:13:12	01:17:41
708	563	Brian	Houston	Male	70+		01:19:43	00:12:51	00:37:57	00:12:15	00:41:46	00:13:28	01:19:26
709	356	Paul	Poxon	Male	open		01:21:27	00:13:08	00:37:32	00:12:06	00:43:55	00:14:10	01:21:13
710	163	Deirdre	Wright	Female	50+		01:21:51	00:13:12	00:39:09	00:12:38	00:42:42	00:13:46	01:21:37
711	88	Julie	Alexander	Female	35+		01:21:52	00:13:12	00:39:09	00:12:38	00:42:43	00:13:47	01:21:38
712	274	Andrew	Ussher	Male	open		01:23:52	00:13:32	00:40:48	00:13:10	00:43:04	00:13:54	01:23:05
713	289	Barbara	Drew	Female	45+		01:25:31	00:13:48	00:40:36	00:13:06	00:44:55	00:14:29	01:25:26